

**International Strategic Centre for Agri-Food Development (ISCAD)**

**Ministry of Agriculture of Uzbekistan**

# **Nutrition Survey of Households in the Republic of Uzbekistan**

(Based on EU-funded Pilot NRF Nutrition Survey)

## **Proposal**

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## Abbreviations

| Acronym  | Description                                                         |
|----------|---------------------------------------------------------------------|
| ASR      | Agency for Strategic Reforms                                        |
| BMI      | Body mass index                                                     |
| C4N-NiPN | Capacity 4 Nutrition - National Information Platforms for Nutrition |
| CIS      | Commonwealth of Independent States                                  |
| DQQ      | Diet Quality Questionnaire                                          |
| FAO      | Food and Agriculture Organization of the United Nations             |
| FCQ      | Food Choice Questionnaire                                           |
| FIES     | Food Insecurity Experience Scale                                    |
| FNS      | Food and Nutrition Security                                         |
| ISCAD    | International Strategic Centre for Agri-Food Development            |
| MDD      | Minimum dietary diversity                                           |
| MoA      | Ministry of Agriculture                                             |
| MoH      | Ministry of Health                                                  |
| NCD      | Non-communicable disease                                            |
| NNIS     | National Nutrition Information System                               |
| NRF      | Nutrition Research Facility                                         |
| PPS      | Probability Proportional-to-Size                                    |
| PSU      | Primary Sampling Unit                                               |
| UNICEF   | United Nations Children's Fund                                      |

## I. Project background

Since 2023, the EU-funded Nutrition Research Facility (NRF) project has been supporting the Ministry of Agriculture (MoA) and the Ministry of Health (MoH) in designing and implementing a pilot household nutrition survey in Uzbekistan. This initiative places particular emphasis on assessing household dietary quality and nutrition security. The International Strategic Centre for Agri-Food Development (ISCAD) under the MoA has

played a key role in facilitating and collaborating with the NRF. The primary objective of the NRF and ISCAD is to strengthen the capacity for conducting a pilot nutrition survey, which serves as a foundational step toward improving food and nutrition security (FNS) in Uzbekistan through evidence-based decision-making and comprehensive data collection.

By February 10, 2025, the NRF, ISCAD, with the support from the Ministry of Health (MoH), successfully completed the training of survey supervisors and enumerators and the pilot survey implementation. Building on these achievements, the NRF, ISCAD, MoA, UNICEF, and FAO have conducted a series of online and offline consultations to explore the scaling up of the pilot survey into a nationally representative nutrition survey. This initiative aligns with Uzbekistan's strategic priorities for data collection on nutrition, which is critical for informing public policy analysis, decision-making, and the design of interventions aimed at achieving better production, better nutrition, and better health outcomes. These efforts are also closely aligned with the Sustainable Development Goals (SDGs), particularly SDG 2 (Zero Hunger) and SDG 3 (Good Health and Well-being).

The proposed scaling up of the nutrition survey aims to generate critical insights into the dietary patterns, nutritional status, and food security of households across Uzbekistan. By engaging 15,000 households through a robust and scientifically validated methodology, the survey will provide comprehensive data on food group consumption, nutrition status, food choices and food security across geographic, socio-economic, and demographic groups. The findings will serve as a vital evidence base for stakeholders, including government agencies, international organizations, and development partners, to design and implement targeted interventions that address malnutrition, improve diets, and enhance public health outcomes.

This initiative underscores the urgent need for accurate, reliable, and actionable data to inform Uzbekistan's national nutrition and health policies. By addressing gaps in current data and providing a detailed understanding of household nutrition, the survey will contribute to the development of effective strategies to combat malnutrition, reduce food insecurity, and promote healthy diets. The outcomes of this survey will not only support national priorities but also strengthen Uzbekistan's commitment to achieving global nutrition and health targets.

## **II. Main objective**

The primary objective of the Uzbekistan nutrition survey is to generate actionable insights that will support the development of evidence-based food and nutrition policies and programmes. Additionally, the survey aims to identify priority areas for intervention, focusing on improving diet quality, reducing malnutrition, and enhancing food security. The survey will collect and analyse data to highlight the dietary intake, nutrition status, food choices, and food security of households across the country, providing comprehensive, nationally representative data while identifying disparities across demographic, geographic, and socio-economic groups. The findings will serve as a critical evidence base for informing national nutrition policies, designing targeted interventions, and improving public health outcomes in alignment with the Sustainable Development Goals (SDGs), particularly SDG 2 (Zero Hunger) and SDG 3 (Good Health and Well-being). Through these efforts, we seek to provide valuable data that can inform strategic decision-making and foster effective initiatives in the realm of food and nutrition.

## **III. Specific objectives**

The survey has a number of specific objectives.

### **1. To assess diet intake:**

- ✓ Evaluate food group consumption across different geographic, socioeconomic and demographic groups.
- ✓ Measure dietary diversity and patterns and identify potential nutrient gaps within different gender (female, male) and age groups (adolescents 10-19 years) and adults (20+ years).
- ✓ Examine the prevalence of consumption of unhealthy food groups (e.g. salty snacks, sweet foods, sugary beverages, and fast food).

**2. To evaluate nutritional status:**

- ✓ Assess the prevalence of malnutrition, including undernutrition (stunting, thinness) and overnutrition (overweight, obesity).

**3. To measure food management strategies:**

- ✓ Determine the level of food insecurity among households using the Food Insecurity Experience Scale (FIES).

**4. To understand factors affecting food choice:**

- ✓ Investigate the factors influencing food choices, including affordability, health and sensory preferences, and ethical concerns.

**5. To understand eating behaviours in school**

- ✓ Investigate the factors influencing food choices, including availability, accessibility, influences and perception of healthiness.

**Table 1. Linking specific objectives to questionnaire sections**

|    | Specific objective                           | Relevant questionnaire sections                                                        |
|----|----------------------------------------------|----------------------------------------------------------------------------------------|
| 1. | Assess dietary patterns and food consumption | Section 7 (Diet Quality Questionnaire - DQQ)                                           |
| 2. | Evaluate nutritional status                  | Section 5 (Respondent Characteristics)                                                 |
| 3. | Measure food security and coping strategies  | Section 4 (Food Insecurity Experience Scale),<br>Section 3 (Household Food Management) |
| 4. | Understand food choices and preferences      | Section 8 (Food Choice Questionnaire - FCQ)                                            |
| 5. | Assess food accessibility and availability   | Section 2 (Household Characteristics), Section 3<br>(Household Food Management)        |
| 6. | School meal                                  | Section 6 (School)                                                                     |

**IV. Target population**

The Dietary Nutrition Survey of Households in Uzbekistan aims to collect nationally representative data by engaging a diverse cross-section of the population. The target population includes households and individuals across all regions of Uzbekistan, ensuring a comprehensive understanding of dietary patterns, food security, and nutrition-related behaviours. The table below indicates the inclusion criteria for the different target groups.

| Target population | Inclusion criteria                                                                                                                                                                                          |
|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Household         | <ul style="list-style-type: none"><li>- Household head or spouse or other adult household member gives verbal/written consent for survey data collection</li><li>- Household is selected from PSU</li></ul> |
| Adult 20+ years   | <ul style="list-style-type: none"><li>- Age 20 years or older at the time of survey data collection</li></ul>                                                                                               |

|                        |                                                                                                                                                                                                                                                                                                                                           |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                        | <ul style="list-style-type: none"> <li>- Gives written consent for survey questionnaire and anthropometric measurements</li> <li>- Considered a household member by other adults living in the Household</li> </ul>                                                                                                                       |
| Adolescent 10-19 years | <ul style="list-style-type: none"> <li>- Age 10-19 years at the time of survey data collection</li> <li>- Gives written assent for survey questionnaire and anthropometric measurements (written consent also from parents/responsible adult)</li> <li>- Considered a household member by other adults living in the Household</li> </ul> |

## V. Sample size

The survey will target 15,000 households across urban and rural areas, aiming to include a broad range of households representing various socioeconomic, geographic, and cultural backgrounds.

The sample size for this survey has been pragmatically decided to consist of approximately 15,000 households. This decision has been made based on prior discussions and consensus among the project stakeholders, considering logistical capabilities, resource availability, and the desire to achieve a representative cross-section of the target population.

While an official sample size calculation was not conducted, the chosen sample size of 15,000 is intended to provide a robust dataset that reflects a variety of socioeconomic, geographic, and cultural backgrounds. This pragmatic approach allows for flexibility in execution while still aiming to capture a diverse range of perspectives.

## VI. Sampling method

To ensure that the Uzbekistan nutrition survey is nationally representative, and considering no updated population data, a stratified multistage cluster sampling procedure will be employed. This method enhances the reliability of findings by randomly selecting sampling units, in this case mahallas followed by households, and individuals within households, across various geographic regions and urban-rural settings<sup>1</sup>.

Whilst the sample size has been pre-determined as approximately 15,000 households the number of individuals will be higher since adolescents will also be included where they are present in the household. Adolescents aged from 10 to 19 years represent about 20% of the population suggesting that an extra 3000 individuals could be added to the survey – this has implications for time to carry out the survey. An average of 5 people per household has been assumed – although this is likely to be different between urban and rural areas.

The decision was made to select 20 households per cluster (Mahalla) for the survey and was based on several factors, including the cluster design, a design effect of 1.5, and the time required for a single team to complete data collection within one cluster. It is envisioned that the survey will take about 6 weeks minimum.

With a sample size of c.15000 households, this resulted in a total sample of 750 clusters. Within each region, the sample was allocated to the urban and rural areas proportionally to the number of households in the frame for each stratum. The table below shows the allocation of the clusters (Mahallas) needed for each region and by urban and rural stratum. Population sizes are estimates in millions.

<sup>1</sup> The original plan was to use the Mahalla as the primary sampling unit (PSU). However, the team struggled to find data on the number of mahallas per district let alone the number of households within each mahalla. This is considered sensitive information and ISCAD, despite trying, could not access this information. As well due to lack of time and budget meant that we had to start sampling from the district level (PSU) with the mahalla as the secondary sampling unit - SSU.

|                         | Rural  | Urban  | Total          | Fixed<br>SS<br>15000 | No clusters<br>(total) | ratio<br>R:U | rural<br>clusters | urban<br>clusters |
|-------------------------|--------|--------|----------------|----------------------|------------------------|--------------|-------------------|-------------------|
| Karakalpakstan          | 1024.5 | 978.2  | 2003           | 817                  | 41                     | 1.95         | 21                | 20                |
| Andijon                 | 1622   | 1772.4 | 3394           | 1385                 | 71                     | 2.09         | 34                | 37                |
| Bukhara                 | 1290.2 | 753.8  | 2044           | 834                  | 41                     | 1.58         | 26                | 15                |
| Jizzakh                 | 800.1  | 707.3  | 1507           | 615                  | 30                     | 1.88         | 16                | 14                |
| Kashqadarya             | 2036.5 | 1524.1 | 3561           | 1453                 | 73                     | 1.75         | 42                | 31                |
| Namangan                | 1076.7 | 1989.4 | 3066           | 1251                 | 63                     | 2.85         | 22                | 41                |
| Navoiy                  | 547    | 528.3  | 1075           | 439                  | 22                     | 1.97         | 11                | 11                |
| Samarkand               | 2665.6 | 1542.9 | 4209           | 1718                 | 85                     | 1.58         | 54                | 31                |
| Surkhandarya            | 1836.1 | 1041   | 2877           | 1174                 | 58                     | 1.57         | 37                | 21                |
| Sirdarya                | 520.5  | 393.5  | 914            | 373                  | 19                     | 1.76         | 11                | 8                 |
| Tashkent oblast         | 1522.6 | 1529.2 | 3052           | 1246                 | 62                     | 2.00         | 31                | 31                |
| Ferghana                | 1751.2 | 2310.3 | 4062           | 1658                 | 83                     | 2.32         | 36                | 47                |
| Khorazm                 | 1335.7 | 659.9  | 1996           | 815                  | 40                     | 1.49         | 27                | 13                |
| Tashkent city           | 0      | 3040.8 | 3041           | 1241                 | 62                     | 0.00         | 0                 | 62                |
| <b>Total (millions)</b> |        |        | <b>36799.8</b> | <b>15020</b>         | <b>750</b>             |              |                   |                   |

Population: Adults 20 years and older; adolescents 10-19 years old.

Stratification: key strata for proportional representation will be:

1. Geographic region
2. Urban vs. rural areas.

For the purposes of the defining a mahalla that is urban or rural, in the light that this data does not exist (only at mahalla level) the following distinction was made:

Tunami = rural

Shahri = urban

In the case that the mahalla has been defined incorrectly the enumerators will note this down.

The sampling process will be conducted in four stages:

### 1. First stage: Selection of mahallas (SSUs)

- ✓ A total of 750 mahallas (PSUs) will be randomly selected using probability proportional-to-size (PPS). Annex 2 illustrates the 740 mahallas selected.
- ✓ Allocation will be based on geographic region and urbanicity to ensure balanced representation.
- ✓ Visits to the mahalla administration will be organised for the introduction of the survey and to understand the number of households in the mahalla.
- ✓ Enumerators will conduct face-to-face surveys.

### 2. Second stage: Selection of households

- ✓ Within each selected mahalla, approximately 20 households will be randomly selected.
- ✓ From the mahallas list a sampling interval will be determined by dividing the total number of households by 20. Every xth household will then be visited.
- ✓ For the household section of the questionnaire either the head of household or other responsible adult (or randomly selected adult below) will be asked to fill out the household sections (Sections 2 to 4).

### **3. Third stage: Selection of individuals**

For the remainder of the questionnaire (sections 4-7) one eligible adult (20+ years) and one eligible adolescent (10-19 years) will be randomly selected to fill out the questionnaire. Section 6 on Schools will be filled only by adolescents aged 10-19 years who are in school.

## **VII. Data collection & management**

Structured questionnaires tailored to Uzbekistan's context and aligned with international standards.

Face-to-face interviews will be conducted by trained enumerators using Computer-Assisted Personal Interviewing (CAPI) to collect data. CAPI data collection offers advantages such as increased efficiency, real-time data entry, the ability to handle complex questioning, and the integration of multimedia elements to enhance respondent engagement. This has been developed by the Agency for Strategic Reforms (ASR). Data will be entered directly into mobile software that will be downloaded on enumerators personal mobile phones.

To limit data entry errors, checkboxes for responses will be limited to applicable responses and where data entry requires numerical entry (e.g. weight, height) then lower and upper limits will be set so erroneous data cannot be entered. Skips will be added where necessary.

Supervisors (one per region) will oversee real-time data collection throughout the whole data collection period.

The roles of the supervisors will be as follows:

1. Training: Supervisors are responsible for training enumerators on the survey protocols, CAPI software, and data collection techniques to ensure consistency and accuracy.
2. Monitoring: They will oversee the data collection process, monitoring enumerators to ensure adherence to guidelines and protocols, and providing support as needed.
3. Quality Control: Supervisors will review collected data for accuracy and completeness, addressing any issues or discrepancies that arise during the survey.
4. Support and Troubleshooting: They will provide technical support for enumerators using the CAPI system and assist in resolving any challenges encountered during data collection.
5. Communication: Supervisors will facilitate communication between the ISCAD leadership team and enumerators, ensuring that any updates or changes to the survey are effectively conveyed.
6. Reporting: They will be responsible for compiling reports on the progress of data collection, including response rates and any challenges faced during the process.

At the start of data collection an international consultant will be available to support refresher training for supervisors and quality checking during the first week of data collection).

## **VIII. Data analysis**

The data analysis will encompass a diverse array of metrics, with certain variables requiring preliminary analyses to ensure their suitability for subsequent evaluation and interpretation e.g., FIES, indicators from the DQQ, FCQ).

An interactive calculator is available for deriving metrics from DQQ responses. FAO will provide support for analysing the FIES data. A scoring key is available for the FCQ. All metrics will be analysed as following to provide:



- Descriptive Statistics:
  - Means and standard deviations and/or median (P25, P75) for continuous variables (e.g., age, BMI).
  - Frequencies and percentages for categorical variables (e.g., food group consumption, MDD, moderate and/or severe food insecurity).
- Inferential Statistics:
  - Statistical tests (e.g., t-tests, chi-square tests) to compare means and proportions between groups.
  - Multivariate analysis (e.g., regression models) to assess associations between food group consumption and demographic factors.

Weighting: sampling weights to adjust for the design effect due to the multi-cluster sampling method.

Data will be analysed using statistical software (e.g., Stata, Python).

Data disaggregation by key demographic indicators, including age, gender, and socioeconomic status.

## IX. Survey phases and timeline

Table: Survey phases, activities, and duration

| Phase                       | Activities                                | Duration |
|-----------------------------|-------------------------------------------|----------|
| Phase 1: Large-Scale Survey | Data collection for 15,000 households     | 48 days  |
| Phase 2: Data Analysis      | Processing and statistical analysis       | 1 month  |
| Phase 3: Reporting          | Preparation and dissemination of findings | 1 month  |

## X. Stakeholder Roles and Responsibilities (RACI Framework)

Table: Stakeholder Roles and Responsibilities Matrix (RACI Framework)

|    | Activity/Responsibility                        | ISCAD | C4N/<br>NRF | UNICEF | FAO | MoA |
|----|------------------------------------------------|-------|-------------|--------|-----|-----|
| 1. | Survey design and methodology development      | R     | R           | I      | C   | A   |
| 2. | Technical assistance & capacity building       | C     | R           | I      | R   | A   |
| 3. | Funding and financial support                  | I     | I           | A      | A   | I   |
| 4. | Procurement of equipment and logistics         | I     | I           | A      | I   | I   |
| 5. | Enumerator training and fieldwork coordination | R     | A           | C      | C   | I   |
| 6. | Data collection and quality control            | R     | A           | C      | C   | I   |
| 7. | Data analysis and reporting                    | R     | A           | I      | C   | C   |
| 8. | Integration of findings into policy frameworks | C     | C           | C      | C   | A   |
| 9. | Dissemination of results and policy advocacy   | C     | C           | C      | A   | R   |

Explanation of roles of involved stakeholders:

- ✓ **ISCAD** and **NRF** (now C4N NIPN) - Jointly lead survey design, training, data collection, and analysis.
- ✓ **UNICEF** - Provides funding and equipment, with an advisory role in adolescent nutrition aspects.

- ✓ **FAO** - Provides technical assistance (including support to the training and analysis of the FIES) and additional funding, ensuring compliance with international best practices.
- ✓ **MoA** - Accountable for policy integration, coordination, and use of findings at the national level.

## XI. Expected deliverables

### 1. Comprehensive report:

- ✓ Detailed findings on the FNS situation in Uzbekistan, by region and by urbanicity
- ✓ Disaggregated data by region, socio-demographic variables and age group.
- ✓ Evidence-based recommendations for policy and programme development.

### 2. Presentation of results:

- ✓ Visualised findings (charts, graphs, and maps) to stakeholders.
- ✓ A public-friendly summary for wider dissemination.

### 3. Policy recommendations:

- ✓ Specific, actionable strategies to address identified nutritional gaps.

## XII. Monitoring and Evaluation

An internal monitoring and evaluation framework will be established to systematically oversee the project's progress and ensure compliance with the established timeline. This framework will serve several functions:

**Progress Tracking:** Regular assessments will be conducted to monitor advancements against predefined milestones, enabling timely identification of any deviations from the schedule and facilitating necessary adjustments.

**Quality Assurance:** The framework will include rigorous evaluations of the quality and accuracy of data collection processes. This will involve ongoing checks and feedback mechanisms to uphold high standards of data integrity throughout the survey.

**Impact Assessment:** Finally, the framework will assess the implications of survey findings, ensuring that insights gained will be used to inform and enhance future surveys and initiatives. This comprehensive approach will not only support the effective execution of the survey but also contribute to its overall success and sustainability.

## XIII. Budget allocation

**Table: Budget for implementing nationally representative Nutrition Survey**

| Items                             | Quantity of Unit | Amount per Unit, UZS (includes all taxes) | Number of Days | Total, UZS         | Total, USD    | Committed funding source |
|-----------------------------------|------------------|-------------------------------------------|----------------|--------------------|---------------|--------------------------|
| <b>1. Administrative expenses</b> |                  |                                           |                |                    |               |                          |
| Project Coordinator               | 1                | 850,000                                   | 30             | 25,500,000         | 1,962         | UNICEF                   |
| Supervisors (Tashkent)            | 2                | 750,000                                   | 30             | 45,000,000         | 3,462         | UNICEF                   |
| Accountant                        | 1                | 750,000                                   | 15             | 11,250,000         | 865           | UNICEF                   |
| Supervisors (Regional)            | 10               | 390,000                                   | 45             | 175,500,000        | 13,500        | requested                |
| Enumerators                       | 49               | 260,000                                   | 45             | 573,300,000        | 44,100        | requested                |
| <b>Group total</b>                |                  |                                           |                | <b>830,550,000</b> | <b>63,888</b> |                          |

|                                                                 |     |            |    |                        |                 |           |
|-----------------------------------------------------------------|-----|------------|----|------------------------|-----------------|-----------|
| <b>2. Data collection</b>                                       |     |            |    |                        |                 |           |
| Перчатки/Gloves 100 in package                                  | 150 | 50,000     | NR | 7,500,000              | 577             | requested |
| Маски/Masks 50 in package                                       | 300 | 50,000     | NR | 15,000,000             | 1,154           | requested |
| Влажные салфетки/Wet wipes 100 in package                       | 150 | 8,000      | NR | 1,200,000              | 92              | requested |
| Унформы/Uniforms                                                | 49  | 100,000    | NR | 4,900,000              | 377             | requested |
| <b>Group total</b>                                              |     |            |    | <b>28,600,000</b>      | <b>2,200</b>    |           |
| <b>3. Transportation cost</b>                                   |     |            |    |                        |                 |           |
| Supervisors                                                     | 12  | 500,000    | 14 | 84,000,000             | 6,462           | UNICEF    |
| Enumerators                                                     | 49  | 200,000    | 30 | 294,000,000            | 22,615          | UNICEF    |
| <b>Group total</b>                                              |     |            |    | <b>378,000,000</b>     | <b>29,077</b>   |           |
| <b>4. Daily Subsistence Allowance (DSA)</b>                     |     |            |    |                        |                 |           |
| Supervisors                                                     | 12  | 700,000    | 7  | 58,800,000.0           | 4,523           | UNICEF    |
| Enumerators                                                     | 8   | 700,000    | 30 | 168,000,000.0          | 12,923          | UNICEF    |
| <b>Group total</b>                                              |     |            |    | <b>226,800,000.0</b>   | <b>17,446</b>   |           |
| <b>5. Anthropometric Measuring Tools</b>                        |     |            |    |                        |                 |           |
| Weighing scales +batteries,250kg                                |     |            |    | 36,400,000.0           | 2,800           | UNICEF    |
| Height boards                                                   |     |            |    | 54,600,000.0           | 4,200           | UNICEF    |
| <b>Group total</b>                                              |     |            |    | <b>91,000,000.0</b>    | <b>7,000</b>    |           |
| <b>6. Other expenses</b>                                        |     |            |    |                        |                 |           |
| Other expenses during communication and interviewing households | 1   | 25,000,000 | NR | 25,000,000.0           | 1,923           | UNICEF    |
| <b>Group total</b>                                              |     |            |    | 25,000,000.0           | <b>1,923</b>    |           |
| <b>TOTAL</b>                                                    |     |            |    | <b>1,579,950,000.0</b> | <b>121,535</b>  |           |
| <b>Required for additional financing</b>                        |     |            |    | <b>777,400,000.0</b>   | <b>59,800.0</b> |           |

## ANNEXES

### Annex 1. Questionnaire for Nutrition Survey in Uzbekistan

#### Introduction: Informed consent and confidentiality of interviews

##### Adults 20 years and older

Good morning/afternoon, Mr/Mrs \_\_\_\_\_. We are from **[insert the name of your organisation]**. We are carrying out a survey of nutrition in Uzbekistan in which we are inviting you to participate. The objective of this survey is to understand the types of food people are eating in Uzbekistan and why people choose to eat the foods that they do.

Now we are completing a survey among participants to know more about their knowledge, attitudes and practices to do with nutrition. The interview will take about **[time estimated to conduct the interview]**. All the information we obtain will remain strictly confidential and your answers and name will never be revealed. Also, you are not obliged to answer any question you do not want to, and you may stop the interview at any time.

The objective of this study is to **assess the nutrition situation**. This is not to evaluate or criticise you, so please do not feel pressured to give a specific response and do not feel shy if you do not know the answer to a question. I am not expecting you to give a specific answer; I would like you to answer the questions honestly, telling me about what you eat, your food preferences, your health and lifestyle and how you manage your food.. Feel free to answer questions at your own pace.

Do you agree to participate in this interview?

Yes \_\_\_ No \_\_\_ *If yes, continue to the next question; if no, stop the interview.*

Do you have any questions before we start? (*Answer questions*).

May I start now?

##### For parents/caregivers of adolescents younger than 20 years of age

Good morning/afternoon, Mr/Mrs \_\_\_\_\_. We are from **[insert the name of your organisation]**. We are carrying out a survey of nutrition in Uzbekistan in which we are inviting your child to participate. The objective of this survey is to understand the types of food people are eating in Uzbekistan and why people choose to eat the foods that they do.

Now we are completing a survey among participants to know more about their knowledge, attitudes and practices to do with nutrition. The interview will take about **[time estimated to conduct the interview]**. All the information we obtain will remain strictly confidential and your child's answers and name will never be revealed. Also, you are not obliged to answer any question you do not want to, and you may stop the interview at any time.

If you agree that your child may participate in the survey, he/she will be asked to give his/her own consent.

Do you agree that your child participates in the survey?

Yes \_\_\_ No \_\_\_ *If yes, continue to the next question; if no, do not conduct the interview.*

Do you have any question before we start? (*Answer questions*).

May I start now?

### **Respondent adolescents 10-19 years**

Good morning/afternoon. We are working on a project concerned with nutrition in which you are invited to participate. The objective of this survey is to understand the types of food people are eating in Uzbekistan and why people choose to eat the foods that they do. The project is just starting and we are completing a survey among children and young adults like you who could participate in the project because we want to know more about their knowledge, attitudes and practices in nutrition. The interview will take about **[time estimated to conduct the interview]**. All the information we obtain will remain strictly confidential and your answers and name will never be revealed. Also, you are not obliged to answer any question you do not want to, and you may stop the interview at any time.

The objective of this study is to **assess the nutrition situation**. This is not to evaluate or criticise you, so please do not feel pressured to give a specific response and do not feel shy if you do not know the answer to a question. I am not expecting you to give a specific answer; I would like you to answer the questions honestly, telling me about what you eat, your food preferences, your health and lifestyle and also about the food you eat in your school (if you attend). Feel free to answer questions at your own pace.

Do you agree to participate in this interview?

Yes \_\_\_ No \_\_\_ *If yes, continue to the next question; if no, stop the interview.*

Do you have any questions before we start? *(Answer questions).*

May I start now?

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## Section 1: Identifying information

|      |                                 |      |
|------|---------------------------------|------|
| 1.1. | Region (OBSERVE)                |      |
|      | 01 - Tashkent city              | [xx] |
|      | 02 - Tashkent region            |      |
|      | 03 - Andijan region             |      |
|      | 04 - Fergana region             |      |
|      | 05 - Namangan region            |      |
|      | 06 - Syrdarya region            |      |
|      | 07 - Navoi region               |      |
|      | 08 - Samarkand region           |      |
|      | 09 - Bukhara region             |      |
|      | 10 - Khorezm region             |      |
|      | 11 - Surkhandarya region        |      |
|      | 12 - Jizzakh region             |      |
|      | 13 - Kashkadarya region         |      |
|      | 14 - Republic of Karakalpakstan |      |

|      |                                           |        |
|------|-------------------------------------------|--------|
| 1.2. | Mahalla ID (OBSERVE)                      | [xxxx] |
|      | Mahalla name (for referral purposes only) |        |

|      |                        |             |
|------|------------------------|-------------|
| 1.3. | Household ID (OBSERVE) | [ xxxxxxx ] |
|------|------------------------|-------------|

|      |                     |           |
|------|---------------------|-----------|
| 1.4. | Residence (OBSERVE) | 01→ Urban |
|      |                     | 02→ Rural |

|      |                  |            |
|------|------------------|------------|
|      | DATA HANDLERS    |            |
| 1.5. | Supervisor code: | [ xx ]     |
|      | Supervisor       | signature: |

|      |                  |            |
|------|------------------|------------|
| 1.6. | Enumerator code: | [ xx ]     |
|      | Enumerator       | signature: |

|      |                     |                    |
|------|---------------------|--------------------|
| 1.7. | Date of data entry: | [ __ / __ / ____ ] |
|------|---------------------|--------------------|

## Section 2: Household characteristics

[Note: A household is defined as a single person or group of people who regularly reside together in the same accommodation and who share the same catering arrangements.

The household members defined in this fashion are not necessarily related by blood or by marriage. Thus, resident domestic servants and boarders (i.e. persons paying to share the household accommodation and meals), are included. Any other individual or group of people living in the same dwelling constitute a separate household or households if they have separate catering arrangements.]

**This section is to be filled by the head of the household or a knowledgeable adult.**

“In this section, I will ask about various aspects of your household. Understanding household characteristics is essential for gaining insights into the dynamics that influence individuals and families within the community. We will ask about the head of the household, the composition of your household and socioeconomic status. Your responses will help us better understand the context in which people live and how it may affect their experiences.”

|      |                                                                            |                      |
|------|----------------------------------------------------------------------------|----------------------|
| 2.1. | What is the gender of the head of this household? <i>Please check box.</i> | 01 Female<br>02 Male |
|------|----------------------------------------------------------------------------|----------------------|

|      |                                            |        |
|------|--------------------------------------------|--------|
| 2.2. | What is their/your age in completed years? | [ ## ] |
|------|--------------------------------------------|--------|

|      |                                                               |        |
|------|---------------------------------------------------------------|--------|
| 2.3. | How many adults aged 20 years or older live here permanently? | [ ## ] |
|------|---------------------------------------------------------------|--------|

|      |                                                              |        |
|------|--------------------------------------------------------------|--------|
| 2.4. | How many children under the age of 20 live here permanently? | [ ## ] |
|------|--------------------------------------------------------------|--------|

|      |                                                                                                                                  |                                                       |
|------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|
| 2.5. | How would you describe your family's socioeconomic status?<br><br>On a scale of 1 to five with 1 being very low and 5 being high | 01.= Very low<br>02.<br>03.<br>04.<br>05. = Very high |
|------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|

|      |                                                                                                                                                                                                              |                                                                                                          |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| 2.6. | What is the highest level of education attained by the head of the household?<br><br>* Note: Education categories refer to the highest level of education attended, whether or not that level was completed. | 01. No education<br>02. Primary<br>03. Secondary<br>04. Secondary – specialised vocational<br>05. Higher |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|

|      |                                                                                                                                                                                                                       |                                                                                                                                   |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| 2.7. | Can you tell me if anyone in your family has had or currently has any serious illnesses, such as [read list].<br><br>This means your parents, siblings or close relatives.<br><br><i>If yes select all that apply</i> | 00.= No<br>01.= Diabetes<br>02. = Cancer<br>03.= Cardiovascular disease<br>04. = Hypertension<br>05. = Obesity<br>98.= Don't know |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|



## Section 3: Household food management

*This section is to be filled by the head of the household or a knowledgeable adult.*

### 3.1. Main sources of foods consumed during the year (mark products consumed and indicate their source)

*"I'd like to focus on the food your family consumed over the past week. This will help us understand your food strategies better. Specifically, I'd like you to mark the products you've consumed and indicate their source. Please check all that apply. For options 03 and 04, indicate the approximate total amount received over the year."*

|         | Foodstuff            | Product Source           |                          |                                              |                                                                   |                          |
|---------|----------------------|--------------------------|--------------------------|----------------------------------------------|-------------------------------------------------------------------|--------------------------|
|         |                      | 01.<br>Own production    | 02.<br>Purchase          | 03.<br>Support<br>(from<br>public<br>policy) | 04.<br>Support<br>(from<br>private<br>donors,<br>church,<br>etc.) | 05.<br>Other             |
| 3.1.1.  | Wheat flour          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |
| 3.1.2.  | Rice                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |
| 3.1.3.  | Potatoes             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |
| 3.1.4.  | Vegetables           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |
| 3.1.5.  | Fruits               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |
| 3.1.6.  | Meat                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |
| 3.1.7.  | Dairy/Dairy products | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |
| 3.1.8.  | Egg                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |
| 3.1.9.  | Vegetable oil        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |
| 3.1.10. | Sugar                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |
| 3.1.11. | Legumes/beans        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |
| 3.1.12. | Other (specify):     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> [...]               | <input type="checkbox"/> [...]                                    | <input type="checkbox"/> |

### 3.2. Food purchases of households

*"I'd like to discuss your monthly food expenses. Understanding how much you allocate for food can provide valuable context for our conversation about dietary choices and household budgeting."*

|        |                                                                                |                                                                                                                                                                                                                                                       |
|--------|--------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3.2.1  | How much do you spend on food each month (including groceries and dining out)? | <input type="checkbox"/> Less than UZS 2.6 million (low)<br><input type="checkbox"/> UZS 2.6-5.2 million (moderate)<br><input type="checkbox"/> UZS 5.2-7.8 million (high)<br><input type="checkbox"/> > UZS 7.8 million (very high) <sup>[Nt1]</sup> |
| 3.2.2. | Approximately, what percentage of your monthly income do you think this is?    | <input type="checkbox"/> Low (e.g., less than X%)<br><input type="checkbox"/> Medium (e.g., between X and Y%)<br><input type="checkbox"/> High (e.g., more than Y%)                                                                                   |

“Would you be able to indicate **approximately** how much you spend every month on each of these foodstuffs?”

|         | Foodstuff            | Average monthly cost<br>(in UZS) |
|---------|----------------------|----------------------------------|
| 3.2.3.  | Wheat flour          | [ ____ ]                         |
| 3.2.4.  | Rice                 | [ ____ ]                         |
| 3.2.5.  | Potatoes             | [ ____ ]                         |
| 3.2.6.  | Vegetables           | [ ____ ]                         |
| 3.2.7.  | Fruits               | [ ____ ]                         |
| 3.2.8.  | Meat                 | [ ____ ]                         |
| 3.2.9.  | Dairy/Dairy products | [ ____ ]                         |
| 3.2.10. | Egg                  | [ ____ ]                         |
| 3.2.11. | Vegetable oil        | [ ____ ]                         |
| 3.2.12. | Sugar                | [ ____ ]                         |
| 3.2.13. | Legumes/beans        | [ ____ ]                         |
| 3.2.14. | Other (specify):     | [ ____ ]                         |

|         |                                                                                                                                                                                 |                                                                                                    |
|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| 3.2.15. | Approximately how long does it take you to reach the nearest shop/supermarket/market from your home by your usual mode of transport (e.g., walking, driving, public transport)? | <input type="checkbox"/> Up to and including 20 mins<br><input type="checkbox"/> More than 20 mins |
|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|

|         |                                                                                                        |                                                                    |
|---------|--------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
|         | Are the following foods/drinks available in these shops/markets?<br><br><i>See manual for examples</i> | 00. Not available to buy<br>01. Available to buy<br>99. Don't know |
| 3.2.16. | a. Unprocessed fresh foods – e.g., fruit/veg                                                           | [ ## ]                                                             |
| 3.2.17. | b. Lightly processed – e.g., dried, fermented, frozen foods                                            | [ ## ]                                                             |
| 3.2.18. | c. Moderately processed – e.g., with additives                                                         | [ ## ]                                                             |
| 3.2.19. | d. Ultra processed foods – e.g., UPFs                                                                  | [ ## ]                                                             |

|         |                                                                                                                                     |                                                                                                                                                                                        |
|---------|-------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3.2.20. | How often did your household purchase ultra-processed foods in the past week (including food bought/eaten from a fast-food outlet)? | <input type="checkbox"/> Never<br><input type="checkbox"/> 1-2 times<br><input type="checkbox"/> 3-4 times<br><input type="checkbox"/> 5-6 times<br><input type="checkbox"/> Every day |
|---------|-------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

### 3.3. Household Food Stock

"I'd like to discuss the types and quantities of food items you currently have at home. This will help us gain insight into your food management practices. Please share the details of the food items you have on hand, including their amounts, as this information is valuable for our conversation."

**Current food stock** (indicate the amount in kilograms or litres):

|        | Foodstuff        | Backup Amount (kg) | How long will this reserve last? (days) |
|--------|------------------|--------------------|-----------------------------------------|
| 3.3.1. | Wheat flour      | [ ____ ]           | [ ____ ]                                |
| 3.3.2. | Rice             | [ ____ ]           | [ ____ ]                                |
| 3.3.3. | Potatoes         | [ ____ ]           | [ ____ ]                                |
| 3.3.4. | Vegetables       | [ ____ ]           | [ ____ ]                                |
| 3.3.5. | Vegetable oil    | [ ____ ]           | [ ____ ]                                |
| 3.3.6. | Sugar            | [ ____ ]           | [ ____ ]                                |
| 3.3.7. | Legumes/beans    | [ ____ ]           | [ ____ ]                                |
| 3.3.8. | Other (specify): | [ ____ ]           | [ ____ ]                                |

Now I'd like to explore any challenges you might face in maintaining an adequate food supply at home. Understanding these difficulties can provide valuable insights into your food management practices and overall household dynamics. Could you share any specific issues or obstacles you encounter in keeping your food stock at an adequate level?

|         |                                                                              |                                                             |
|---------|------------------------------------------------------------------------------|-------------------------------------------------------------|
| 3.3.9.  | Are there any difficulties in maintaining an adequate food stock?            | <input type="checkbox"/> Yes<br><input type="checkbox"/> No |
|         | <b>If yes, what are the challenges? (tick as many responses that apply):</b> |                                                             |
| 3.3.9.1 | <input type="checkbox"/> Limited storage capacity                            |                                                             |
| 3.3.9.2 | <input type="checkbox"/> Food prices are high                                |                                                             |
| 3.3.9.3 | <input type="checkbox"/> Agricultural production is low                      |                                                             |
| 3.3.9.4 | <input type="checkbox"/> Other (specify): _____                              |                                                             |

## Section 4: Food insecurity experience scale (FIES)

*This section is to be filled by the head of the household or a knowledgeable adult.*

"In this section, I'd like to ask you a series of questions regarding your experiences with food insecurity. Your responses will help us understand how access to food may have affected you and your household. Please answer the questions based on your experiences over the past 12 months. We may also inquire on your experiences over the past month also".

|         |                                                                                                                                                                                              |                                                                                                                        |                                                |
|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|
| 4.1.    | During the last 12 months, was there a time when you or others in your household were worried you would not have enough food to eat because of a lack of money or other resources?           |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.1.1.  | [If yes] Did this happen in the past 4 weeks (30 days)?                                                                                                                                      |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.2     | Still thinking about the last 12 months, was there a time when you or others in your household were unable to eat healthy and nutritious food because of a lack of money or other resources? |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.2.1.  | [If yes] Did this happen in the past 4 weeks (30 days)?                                                                                                                                      |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.3     | During the last 12 months, was there a time when you or others in your household ate only a few kinds of foods because of a lack of money or other resources?                                |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.3.1.  | [If yes] Did this happen in the past 4 weeks (30 days)?                                                                                                                                      |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.4     | During the last 12 months, was there a time when you or others in your household had to skip a meal because there was not enough money or other resources to get food?                       |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.4.1.  | [If yes] Did this happen in the past 4 weeks (30 days)?                                                                                                                                      |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.5     | Still thinking about the last 12 months, was there a time when you or others in your household ate less than you thought you should because of a lack of money or other resources?           |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.5.1.  | [If yes] Did this happen in the past 4 weeks (30 days)?                                                                                                                                      |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.6     | In the past 12 months, was there ever no food to eat of any kind in your house because of lack of resources to get food?                                                                     |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.6.1   | [If yes] Did this happen in the past 4 weeks (30 days)?                                                                                                                                      |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.6.1.1 | [If yes] How often did this happen in the past 4 weeks (30 days)?                                                                                                                            | 1 → Rarely (1 or 2 times) 98 → Don't Know<br>2 → Sometimes (3-10 times) 99 → Refused<br>3 → Often (more than 10 times) |                                                |
| 4.7     | In the past 12 months, did you or others in your household ever go to sleep at night hungry because there was not enough food?                                                               |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.7.1   | [If yes] Did this happen in the past 4 weeks (30 days)?                                                                                                                                      |                                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused |
| 4.7.1.1 | [If yes] How often did this happen in the past 4 weeks (30 days)?                                                                                                                            | 1 → Rarely (1 or 2 times) 98 → Don't Know<br>2 → Sometimes (3-10 times) 99 → Refused<br>3 → Often (more than 10 times) |                                                |

|         |                                                                                                                                                                |                                                                                                                        |
|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| 4.8     | During the last 12 months, did you or others in your household ever go a whole day and night without eating anything at all because there was not enough food? | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused                                                                         |
| 4.8.1   | [If yes] Did this happen in the past 4 weeks (30 days)?                                                                                                        | 0 → No 98 → Don't Know<br>1 → Yes 99 → Refused                                                                         |
| 4.8.1.1 | [If yes] How often did this happen in the past 4 weeks (30 days)?                                                                                              | 1 → Rarely (1 or 2 times) 98 → Don't Know<br>2 → Sometimes (3-10 times) 99 → Refused<br>3 → Often (more than 10 times) |

## Section 5: Individual respondent characteristics

This section to be filled by 1 randomly selected respondent: 10-19 years and by 1 randomly selected respondent aged 20 years or older

“Now, I invite you to share some insights about yourself. We are particularly interested in learning about your background and educational experiences, as well as your health and lifestyle choices. Additionally, I would like to record your height and weight, as this information will aid us in gaining a better understanding of the nutritional status of the population.”

|    |                                                                                                                                                  |                                                                           |                                                                                                                 |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
|    | Respondent                                                                                                                                       |                                                                           |                                                                                                                 |
| 1  | What is your name? (for referral purposes only)                                                                                                  |                                                                           |                                                                                                                 |
| 2  | Gender                                                                                                                                           |                                                                           | 01. Female; 02. Male                                                                                            |
| 3  | What is your age? (In completed months/years)                                                                                                    |                                                                           | [ ____ ]                                                                                                        |
| 4  | Mother tongue                                                                                                                                    |                                                                           | 01. Uzbek<br>02. Russian<br>03. Karakalpak<br>04. Tajik<br>05. Kazakh<br>06. Other language                     |
| 5  | Educational level<br><br>* Note: Education categories refer to the highest level of education attended, whether or not that level was completed. |                                                                           | 01. No education<br>02. Primary<br>03. Secondary<br>04. Secondary – specialised vocational<br>05. Higher        |
| 5a | Are you currently in school?<br><i>Ask to adolescents only – if yes also ask questions on school meals</i>                                       |                                                                           | 01 Yes<br>02 No<br>99 Refused                                                                                   |
| 6  | What is your health like?                                                                                                                        |                                                                           | 01. Very good<br>02. Good<br>03. Moderate<br>04. Bad<br>05. Very bad                                            |
| 7  | Do you have any of the following<br><br><i>Select all that apply</i>                                                                             |                                                                           | 00.= No<br>01.= Diabetes<br>02. = Cancer<br>03. = Cardiovascular disease<br>04. = Hypertension<br>05. = Refused |
|    | 8                                                                                                                                                | [If Yes] Do you require a special diet because of your medical condition? | 01 Yes<br>02 No<br>99 Refused                                                                                   |
| 9  | Do you take dietary supplements?                                                                                                                 |                                                                           | 01 Yes<br>02 No<br>98 Don't know<br>99 Refused                                                                  |
| 10 | Do you smoke                                                                                                                                     |                                                                           | 01 Yes<br>02 No<br>99 Refused                                                                                   |
|    | 11                                                                                                                                               | [If yes] How many cigarettes do you smoke per day?                        | Number _____ of cigarettes<br>[ ____ ]                                                                          |
| 12 | Do you drink alcohol?                                                                                                                            |                                                                           | 01 Yes<br>02 No<br>99 Refused                                                                                   |
|    | 13                                                                                                                                               | [If yes] How much alcohol do you drink in a week (on average)?            | Number of drinks<br>[ ____ ]                                                                                    |

|    |                                                                               |                                                                                         |
|----|-------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| 14 | How often do you engage in physical activity?                                 | 01. Daily;<br>02. Several times a week;<br>03. Once a week;<br>04. Rarely<br>00. Never; |
| 15 | Are you pregnant?<br><i>[Only ask to woman 15+]</i>                           | 01 Yes<br>02 No<br>99 Refused<br>If Yes only take height                                |
| 16 | Are you breastfeeding?<br><i>[only ask to women with a child &lt;2 years]</i> | 01 Yes<br>02 No<br>99 Refused                                                           |
| 17 | Weight Kg<br>Record 999 if refused                                            | [ ____ . ____ ]<br>999 Refused                                                          |
| 18 | Height cm<br>Record 999 if refused                                            | [ ____ . ____ ]<br>999 Refused                                                          |

## Section 6: School

This section to be filled by 1 randomly selected respondent: 10-19 years *who is currently in school*.

|    |                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                      |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 18 | Does your school offer prepared meals (e.g., breakfast/lunch) or snacks?<br><br><i>If no, refused - END</i>                                                             | 00 No<br>01 Yes, meals<br>02 Yes, snacks<br>03 Yes, both snacks and meals<br>99 Refused                                                                                                                                                                                                                              |
| 19 | Do you eat these meals/snacks provided by the school?<br><br><i>If no, refused - END</i>                                                                                | 00 No<br>01 Yes, meals<br>02 Yes, snacks<br>03 Yes, both snacks and meals<br>99 Refused                                                                                                                                                                                                                              |
| 20 | How many times per week do you eat prepared meals provided by the school?                                                                                               | Number of days per week<br>[ _____ ]                                                                                                                                                                                                                                                                                 |
| 21 | How much do you like the food at school?<br><br><i>Please pick a number from 1 to 5, where 1 means you don't like it at all and 5 means you like it a lot.</i>          | 01 = Don't like at all,<br>02<br>03<br>04<br>05 = Like a lot                                                                                                                                                                                                                                                         |
| 22 | Do you get to eat different foods each day at school during the week?                                                                                                   | 00 No<br>01 Yes<br>98 Don't know<br>99 Refused                                                                                                                                                                                                                                                                       |
| 23 | Do you think meals/snacks offered in schools are healthy?                                                                                                               | 00 No<br>01 Yes<br>98 Don't know<br>99 Refused                                                                                                                                                                                                                                                                       |
| 24 | Does the school provide any of these food items at least three days a week: fruits, vegetables, pulses, whole grains, nuts/seeds, dairy?<br><br>[Select all that apply] | <input type="checkbox"/> Fruits<br><input type="checkbox"/> Vegetables<br><input type="checkbox"/> Pulses<br><input type="checkbox"/> Whole grains<br><input type="checkbox"/> Nuts/seeds<br><input type="checkbox"/> Dairy                                                                                          |
| 25 | Which type of food would you prefer in your school meals?<br><br>[Select one]                                                                                           | <input type="checkbox"/> Fruits<br><input type="checkbox"/> Vegetables<br><input type="checkbox"/> Pulses<br><input type="checkbox"/> Whole grains<br><input type="checkbox"/> Nuts/seeds<br><input type="checkbox"/> Dairy<br><input type="checkbox"/> Meat                                                         |
| 26 | How often do you eat snacks during school hours in addition to the meal/snack provided by the school?                                                                   | <input type="checkbox"/> Never,<br><input type="checkbox"/> 1-2 times a week,<br><input type="checkbox"/> 3-4 times a week,<br><input type="checkbox"/> Daily                                                                                                                                                        |
| 27 | Where do you get these snacks from?<br><br>[Select all that apply]                                                                                                      | <input type="checkbox"/> Vending machine in school<br><input type="checkbox"/> School cafeteria/snack bar<br><input type="checkbox"/> Nearby shops outside school<br><input type="checkbox"/> From home                                                                                                              |
| 28 | What types of snacks do you usually buy?                                                                                                                                | (Select all that apply):<br><input type="checkbox"/> Chips, <input type="checkbox"/> Candies,<br><input type="checkbox"/> Cookies, <input type="checkbox"/> Healthy Snacks (e.g., fruit, nuts/seeds),<br><input type="checkbox"/> Water <input type="checkbox"/> Sweetened drinks,<br><input type="checkbox"/> Other |
| 29 | On a scale of 1 to 5, how knowledgeable do you feel about what constitutes a balanced diet?                                                                             | 01 = Not Knowledgeable,<br>02<br>03<br>04<br>05 = Very Knowledgeable                                                                                                                                                                                                                                                 |



|    |                                                        |                                                                     |
|----|--------------------------------------------------------|---------------------------------------------------------------------|
| 30 | Do your friends influence your food choices at school? | 01 Never,<br>02 Rarely,<br>03 Sometimes,<br>04 Often,<br>05 Always) |
|----|--------------------------------------------------------|---------------------------------------------------------------------|

## Section 7:

### Diet Quality Questionnaire (DQQ)

This section to be filled by 1 randomly selected respondent: 10-19 years and by 1 randomly selected respondent aged 20 years or older

“Now I’d like to ask you some yes-or-no questions about foods and drinks that you consumed yesterday during the day or night, whether you had it at home or somewhere else.

First, I would like you to think about yesterday, from the time you woke up through the night. Think to yourself about the first thing you ate or drank after you woke up in the morning ... Think about where you were when you had any food or drink in the middle of the day ... Think about where you were when you had any evening meal ... and any food or drink you may have had in the evening or late-night... and any other snacks or drinks you may have had between meals throughout the day or night.

I am interested in whether you had the food items I will mention even if they were combined with other foods.

Please listen to the list of foods and drinks, and if you ate or drank ANY ONE OF THEM, say yes”.

|      |                                                                                  |                 |
|------|----------------------------------------------------------------------------------|-----------------|
|      | Yesterday, did you eat any of the following foods:                               | (circle answer) |
| 1    | Non, patir, rice , macaroni, noodles, wheat porridge, or any porridge with rice? | YES or NO       |
| 2    | Black bread, maize, buckwheat, pearl barley, or oatmeal?                         | YES or NO       |
| 3    | Potato or turnip?                                                                | YES or NO       |
| 4    | Peas, beans, mung beans, chickpeas or lentils?                                   | YES or NO       |
|      | Yesterday, did you eat any of the following vegetables:                          |                 |
| 5    | Carrots, pumpkin or red Bulgarian pepper?                                        | YES or NO       |
| 6.1  | Spinach, arugula, jusay, tok bagri, or green samsa?                              | YES or NO       |
| 7.1  | Tomatoes, cucumber, cabbage, green Bulgarian pepper, or eggplant?                | YES or NO       |
| 7.2  | Zucchini, beet, mushrooms, radish, cauliflower, or lettuce?                      | YES or NO       |
|      | Yesterday, did you eat any of the following fruits:                              |                 |
| 8    | Apricots, dried apricots, or persimmon?                                          | YES or NO       |
| 9    | Orange or mandarins?                                                             | YES or NO       |
| 10.1 | Apple, pear, quince, banana, watermelon, melon, peaches or plums?                | YES or NO       |
| 10.2 | Pomegranate, grapes, figs, cherries, mulberries, or other berries?               | YES or NO       |
|      | Yesterday, did you eat any of the following sweets:                              |                 |
| 11   | Cakes, cookies, wafers, pastries, sweet rolls, chak chak, or priyaniki?          | YES or NO       |
| 12   | Candy, marmelade candy, chocolates, caramels, ice cream, or halva?               | YES or NO       |
|      | Yesterday, did you eat any of the following foods of animal origin:              |                 |
| 13   | Eggs?                                                                            | YES or NO       |
| 14   | Tvorog or cheese?                                                                | YES or NO       |
| 15   | Yogurt, suzma, qatiq, Kefir, ayran, or ryazhenka?                                | YES or NO       |
| 16   | Cold cuts, sasiski, tushonka, or sardelki?                                       | YES or NO       |
| 17   | Beef or lamb?                                                                    | YES or NO       |
| 18   | Horse, rabbit or pork?                                                           | YES or NO       |
| 19   | Chicken or turkey?                                                               | YES or NO       |

|    |                                                                                              |           |
|----|----------------------------------------------------------------------------------------------|-----------|
| 20 | Fish, salted fish, smoked fish, canned fish or crabsticks?                                   | YES or NO |
|    | Yesterday, did you eat any of the following other foods:                                     |           |
| 21 | Sunflower or pumpkin seeds, peanuts, walnuts, almonds or pistachios?                         | YES or NO |
| 22 | Chips such as Lays, Cheers, or Kirieshki?                                                    | YES or NO |
| 23 | Instant noodles such as Rolton or Doshirak?                                                  | YES or NO |
| 24 | French fries, fried piroshki, gumma, chebureki, boortsogi, belyashi, or fried chicken wings? | YES or NO |
|    | Yesterday, did you have any of the following beverages:                                      |           |
| 25 | Milk or powdered milk?                                                                       | YES or NO |
| 26 | Tea with sugar or navat, coffee with sugar or navat, or cocoa?                               | YES or NO |
| 27 | Fruit juice, fruit drinks, kampot, mors, or iced tea such as Ays Tea or Lipton?              | YES or NO |
| 28 | Sweet carbonated drinks such as Coca-Cola, Fanta, or Sprite, lemonade, or energy drinks?     | YES or NO |
|    | Yesterday, did you get food from any place like...                                           |           |
| 29 | KFC or places that serve burgers, doner kebab or lavash ?                                    | YES or NO |

|    |                                                                         |                                                                                                                                                                                          |
|----|-------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 30 | How often in the past week have you eaten food from a fast-food outlet? | <input type="checkbox"/> . Never<br><input type="checkbox"/> 1-2 times<br><input type="checkbox"/> 3-4 times<br><input type="checkbox"/> 5-6 times<br><input type="checkbox"/> Every day |
|----|-------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

## Section 8: Food choices

This section to be filled by 1 randomly selected respondent: 10-19 years and by 1 randomly selected respondent aged > 19 years

"Now I would like to ask you some questions about the food you eat on a typical day. Your responses will help us understand your values and preferences regarding your diet. Please take a moment to reflect on the following question: **"Why is it important to you that the food you eat on a typical day?"**"

|  | It is important to me that the food I eat on a typical day: | 00 [Don't Understand]    | 01 [Not important at all] | 02 [A little important] | 03 [Moderately important] | 04 [Very important] |
|--|-------------------------------------------------------------|--------------------------|---------------------------|-------------------------|---------------------------|---------------------|
|  | ...is easy to prepare                                       | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...contains no additives                                    | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...is low in calories                                       | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...tastes good                                              | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...contains natural ingredients                             | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...is not expensive                                         | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...is low in fat                                            | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...is familiar to me                                        | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...is high in fibre and roughage                            | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...is nutritious                                            | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...is easily available in shops and supermarkets            | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...is good value for money                                  | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...cheers me up                                             | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...smells nice                                              | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...can be cooked very simply                                | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...helps me cope with stress                                | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...helps me control my weight                               | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...has a pleasant texture                                   | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...is packaged in an environmentally friendly way           | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...comes from countries I approve of politically            | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...is like the food I ate when I was a child                | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...contains lots of vitamins and minerals                   | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...contains no artificial ingredients                       | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...keeps me awake and alert                                 | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...looks nice                                               | <input type="checkbox"/> |                           |                         |                           |                     |
|  | ...helps me relax                                           | <input type="checkbox"/> |                           |                         |                           |                     |

|  |                                                         |                          |  |  |  |  |
|--|---------------------------------------------------------|--------------------------|--|--|--|--|
|  | ...is high in protein                                   | <input type="checkbox"/> |  |  |  |  |
|  | ...takes no time to prepare                             | <input type="checkbox"/> |  |  |  |  |
|  | ...keeps me healthy                                     | <input type="checkbox"/> |  |  |  |  |
|  | ...is good for my skin/teeth/hair/nails etc             | <input type="checkbox"/> |  |  |  |  |
|  | ...makes me feel good                                   | <input type="checkbox"/> |  |  |  |  |
|  | the country of origin clearly marked                    | <input type="checkbox"/> |  |  |  |  |
|  | ...is what I usually eat                                | <input type="checkbox"/> |  |  |  |  |
|  | ...helps me to cope with life                           | <input type="checkbox"/> |  |  |  |  |
|  | ...can be bought in shops close to where I live or work | <input type="checkbox"/> |  |  |  |  |
|  | ...is cheap                                             | <input type="checkbox"/> |  |  |  |  |

## Annex 2: List of mahallas

| Farg'ona viloyati (83) |                  |                  |
|------------------------|------------------|------------------|
| Farg'ona viloyati      | Farg'ona shahri  | 1-beshbola       |
| Farg'ona viloyati      | Farg'ona shahri  | Shodlik          |
| Farg'ona viloyati      | Farg'ona shahri  | Qirguli          |
| Farg'ona viloyati      | Farg'ona shahri  | Shodiyona        |
| Farg'ona viloyati      | Farg'ona shahri  | O'rmonchilar     |
| Farg'ona viloyati      | Farg'ona shahri  | Bahor            |
| Farg'ona viloyati      | Farg'ona shahri  | Istiqlol         |
| Farg'ona viloyati      | Farg'ona shahri  | Simtepa          |
| Farg'ona viloyati      | Farg'ona shahri  | Mustaqillik      |
| Farg'ona viloyati      | Farg'ona shahri  | Parvoz           |
| Farg'ona viloyati      | Farg'ona shahri  | Bo'ston          |
| Farg'ona viloyati      | Farg'ona shahri  | Sovurbuloq       |
| Farg'ona viloyati      | Farg'ona shahri  | Farg'ona         |
| Farg'ona viloyati      | Farg'ona shahri  | Sharof Rashidov  |
| Farg'ona viloyati      | Farg'ona shahri  | Mirzo Ulug'bek   |
| Farg'ona viloyati      | Quvasoy shahri   | Guliston         |
| Farg'ona viloyati      | Quvasoy shahri   | Lashkar          |
| Farg'ona viloyati      | Quvasoy shahri   | Pakana           |
| Farg'ona viloyati      | Quvasoy shahri   | Nayman           |
| Farg'ona viloyati      | Quvasoy shahri   | Zebuniso         |
| Farg'ona viloyati      | Qo'qon shahri    | To'xlimergan     |
| Farg'ona viloyati      | Qo'qon shahri    | Isfara guzari    |
| Farg'ona viloyati      | Qo'qon shahri    | Qipchoqariq      |
| Farg'ona viloyati      | Qo'qon shahri    | Degrezlik        |
| Farg'ona viloyati      | Qo'qon shahri    | Charxinikoprighi |
| Farg'ona viloyati      | Qo'qon shahri    | Mingtut          |
| Farg'ona viloyati      | Qo'qon shahri    | Shirin           |
| Farg'ona viloyati      | Qo'qon shahri    | Mustaqillik      |
| Farg'ona viloyati      | Qo'qon shahri    | Katta ganjiravon |
| Farg'ona viloyati      | Qo'qon shahri    | At-Termiziy      |
| Farg'ona viloyati      | Qo'qon shahri    | Oltin vodi       |
| Farg'ona viloyati      | Qo'qon shahri    | Tolzor           |
| Farg'ona viloyati      | Qo'qon shahri    | Ashirqulmergan   |
| Farg'ona viloyati      | Qo'qon shahri    | G'ishtli masjid  |
| Farg'ona viloyati      | Qo'qon shahri    | Parpashabof      |
| Farg'ona viloyati      | Marg'ilon shahri | Yoyilma          |
| Farg'ona viloyati      | Marg'ilon shahri | Pichoqchi        |
| Farg'ona viloyati      | Marg'ilon shahri | Qashqar          |
| Farg'ona viloyati      | Marg'ilon shahri | Sholdirama       |
| Farg'ona viloyati      | Marg'ilon shahri | Maorif           |
| Farg'ona viloyati      | Marg'ilon shahri | Axmad Yassaviy   |
| Farg'ona viloyati      | Marg'ilon shahri | Teraktagi        |
| Farg'ona viloyati      | Marg'ilon shahri | Miltiqsoz        |
| Farg'ona viloyati      | Marg'ilon shahri | Mashad           |
| Farg'ona viloyati      | Marg'ilon shahri | Yangiobod        |

|                   |                    |                          |
|-------------------|--------------------|--------------------------|
| Farg'ona viloyati | Marg'ilon shahri   | Go'ravvol                |
| Farg'ona viloyati | Marg'ilon shahri   | Yangihayot               |
| Farg'ona viloyati | Beshariq tumani    | Uzun                     |
| Farg'ona viloyati | Beshariq tumani    | Yangi Rapqon             |
| Farg'ona viloyati | Beshariq tumani    | Dexqonobod               |
| Farg'ona viloyati | Bag'dod tumani     | Konizar                  |
| Farg'ona viloyati | Bag'dod tumani     | Yuqori Mirzaobod         |
| Farg'ona viloyati | Bag'dod tumani     | Sho'roqer                |
| Farg'ona viloyati | Buvayda tumani     | Uzumzor                  |
| Farg'ona viloyati | Buvayda tumani     | Shodlik                  |
| Farg'ona viloyati | Buvayda tumani     | Xasan qo'rg'oncha        |
| Farg'ona viloyati | Dang'ara tumani    | Istiqlol                 |
| Farg'ona viloyati | Dang'ara tumani    | Shopo'lat                |
| Farg'ona viloyati | Yozyovon tumani    | Porloq                   |
| Farg'ona viloyati | Quva tumani        | Yuziya                   |
| Farg'ona viloyati | Quva tumani        | Tinchlik                 |
| Farg'ona viloyati | Quva tumani        | Yangi chek               |
| Farg'ona viloyati | Oltiariq tumani    | Yuksalish                |
| Farg'ona viloyati | Oltiariq tumani    | Zilxa                    |
| Farg'ona viloyati | Oltiariq tumani    | Bug'doychi               |
| Farg'ona viloyati | Qo'shtepa tumani   | Shodlik                  |
| Farg'ona viloyati | Qo'shtepa tumani   | G'ishtmon                |
| Farg'ona viloyati | Rishton tumani     | Xurramobod               |
| Farg'ona viloyati | Rishton tumani     | Qalaynav                 |
| Farg'ona viloyati | Rishton tumani     | Vohim                    |
| Farg'ona viloyati | Beshariq tumani    | Chimboy                  |
| Farg'ona viloyati | Toshloq tumani     | Konizar                  |
| Farg'ona viloyati | Toshloq tumani     | Qamchipurush             |
| Farg'ona viloyati | O'zbekiston tumani | Ziyo Nursux              |
| Farg'ona viloyati | O'zbekiston tumani | Shodlik                  |
| Farg'ona viloyati | O'zbekiston tumani | Qushqonoq                |
| Farg'ona viloyati | Uchko'prik tumani  | Begobod                  |
| Farg'ona viloyati | Uchko'prik tumani  | Baxrin                   |
| Farg'ona viloyati | Uchko'prik tumani  | Oqsuv                    |
| Farg'ona viloyati | Farg'ona tumani    | Oqoltin                  |
| Farg'ona viloyati | Farg'ona tumani    | Qo'riq                   |
| Farg'ona viloyati | Farg'ona tumani    | Hosilot                  |
| Farg'ona viloyati | Furqat tumani      | Boltako'l                |
| Toshkent viloyati |                    |                          |
| Toshkent viloyati | Angren shahri      | Jigariston               |
| Toshkent viloyati | Angren shahri      | Maydon                   |
| Toshkent viloyati | Angren shahri      | Xakkarmanyangijigariston |
| Toshkent viloyati | Angren shahri      | Gozal                    |
| Toshkent viloyati | Angren shahri      | Nurchi                   |
| Toshkent viloyati | Angren shahri      | Chinniobod               |
| Toshkent viloyati | Angren shahri      | Grum                     |
| Toshkent viloyati | Angren shahri      | Gafurgulom               |
| Toshkent viloyati | Angren shahri      | Dorulfunun               |
| Toshkent viloyati | Bekobod shahri     | Taraqqiyot               |

|                   |                        |                     |
|-------------------|------------------------|---------------------|
| Toshkent viloyati | Bekobod shahri         | Turkiston           |
| Toshkent viloyati | Bekobod shahri         | Dostlik             |
| Toshkent viloyati | Bekobod shahri         | Nurliyo             |
| Toshkent viloyati | Bekobod shahri         | Bogishamol          |
| Toshkent viloyati | Bekobod shahri         | Yangi hayot         |
| Toshkent viloyati | Olmalik shahri         | Kimyogar            |
| Toshkent viloyati | Olmalik shahri         | Kamalak             |
| Toshkent viloyati | Olmalik shahri         | Koinot              |
| Toshkent viloyati | Olmalik shahri         | Abdullaavlony       |
| Toshkent viloyati | Olmalik shahri         | Olmaliksoy          |
| Toshkent viloyati | Olmalik shahri         | Uvaysiy             |
| Toshkent viloyati | Olmalik shahri         | Yangi hayot         |
| Toshkent viloyati | Olmalik shahri         | Xojaahmadyassaviy   |
| Toshkent viloyati | Chirchiq shahri        | 18sonlinur          |
| Toshkent viloyati | Chirchiq shahri        | 12sonlixumo         |
| Toshkent viloyati | Chirchiq shahri        | 41sonlisharq        |
| Toshkent viloyati | Chirchiq shahri        | 3sonliv.xaydarov    |
| Toshkent viloyati | Chirchiq shahri        | 5sonliqbol          |
| Toshkent viloyati | Chirchiq shahri        | 8sonligulzor        |
| Toshkent viloyati | Chirchiq shahri        | 42sonlix.a.yassaviy |
| Toshkent viloyati | Chirchiq shahri        | 24sonliyoshlik      |
| Toshkent viloyati | Piskent tumani         | Mingtepa            |
| Toshkent viloyati | Oqqo'rg'on tumani      | Tortuvli            |
| Toshkent viloyati | Quy Chirchiq tumani    | Tinchlik            |
| Toshkent viloyati | Quy Chirchiq tumani    | Xojapiskon          |
| Toshkent viloyati | Bo'ka tumani           | Dostlik             |
| Toshkent viloyati | Chinoz tumani          | Tongyulduzi         |
| Toshkent viloyati | Chinoz tumani          | Mevazor             |
| Toshkent viloyati | Yangiyo'l tumani       | Qoratepa            |
| Toshkent viloyati | Yangiyo'l tumani       | Guliston            |
| Toshkent viloyati | Yangiyo'l tumani       | Jambul              |
| Toshkent viloyati | Ohangaron tumani       | Gallaquduq          |
| Toshkent viloyati | Parkent tumani         | Xurriyat            |
| Toshkent viloyati | Parkent tumani         | Bozorboshi          |
| Toshkent viloyati | Bo'stonliq tumani      | Qoshqorgon          |
| Toshkent viloyati | Bo'stonliq tumani      | Yoshlik             |
| Toshkent viloyati | Bo'stonliq tumani      | Burchmulla          |
| Toshkent viloyati | O'rta Chirchiq tumani  | Jang'abay           |
| Toshkent viloyati | Bekobod tumani         | Oltin vodi          |
| Toshkent viloyati | Bekobod tumani         | Qushtamg'ali        |
| Toshkent viloyati | Qibray tumani          | Nurafshon           |
| Toshkent viloyati | Qibray tumani          | Yuqoriyuz           |
| Toshkent viloyati | Zangiota tumani        | Madaniyat           |
| Toshkent viloyati | Zangiota tumani        | Asil                |
| Toshkent viloyati | Zangiota tumani        | Kattachinor         |
| Toshkent viloyati | Yuqori Chirchiq tumani | Qizilsoy            |
| Toshkent viloyati | Yuqori Chirchiq tumani | Yangiobod           |
| Toshkent viloyati | Yangiyo'l shahri       | Bogbon              |
| Toshkent viloyati | Toshkent tumani        | Zargar              |



|                      |                   |                |
|----------------------|-------------------|----------------|
| Toshkent viloyati    | Toshkent tumani   | Beshterak      |
| Toshkent viloyati    | Toshkent tumani   | Huvaydo        |
| Toshkent viloyati    | Nurafon tumani    | Uchqun         |
| Qashqadaryo viloyati |                   |                |
| Qashqadaryo viloyati | Qarshi shahri     | Cho'lquvar     |
| Qashqadaryo viloyati | Qarshi shahri     | Xaramjuy       |
| Qashqadaryo viloyati | Qarshi shahri     | Bunyodkor      |
| Qashqadaryo viloyati | Qarshi shahri     | Shohbekat      |
| Qashqadaryo viloyati | Qarshi shahri     | Gungon         |
| Qashqadaryo viloyati | Qarshi shahri     | Navro'z        |
| Qashqadaryo viloyati | Qarshi shahri     | Qarshi         |
| Qashqadaryo viloyati | Qarshi shahri     | Aral           |
| Qashqadaryo viloyati | Qarshi shahri     | Paxtazor 1     |
| Qashqadaryo viloyati | Qarshi shahri     | Tabassum       |
| Qashqadaryo viloyati | Qarshi shahri     | Mahallot       |
| Qashqadaryo viloyati | Qarshi shahri     | Nuriston       |
| Qashqadaryo viloyati | Qarshi shahri     | Alisher Navoiy |
| Qashqadaryo viloyati | Qarshi shahri     | G'ofur G'ulom  |
| Qashqadaryo viloyati | Qarshi shahri     | Oqtepa         |
| Qashqadaryo viloyati | Qarshi shahri     | Tabassum1      |
| Qashqadaryo viloyati | Qarshi shahri     | Mag'zon        |
| Qashqadaryo viloyati | Qarshi shahri     | Zaxokimaron    |
| Qashqadaryo viloyati | Qarshi shahri     | Shayhali 1     |
| Qashqadaryo viloyati | Qarshi shahri     | Kunchiqar      |
| Qashqadaryo viloyati | Qarshi shahri     | Istiqlol       |
| Qashqadaryo viloyati | Shahrisabz shahri | Oqsaroy        |
| Qashqadaryo viloyati | Shahrisabz shahri | Bo'ston        |
| Qashqadaryo viloyati | Shahrisabz shahri | O'rda          |
| Qashqadaryo viloyati | Shahrisabz shahri | Ammog'on       |
| Qashqadaryo viloyati | Shahrisabz shahri | Kamolot        |
| Qashqadaryo viloyati | Shahrisabz shahri | Uymovut        |
| Qashqadaryo viloyati | Shahrisabz shahri | Fayzobod       |
| Qashqadaryo viloyati | Shahrisabz shahri | Yangiheyot     |
| Qashqadaryo viloyati | Shahrisabz shahri | Navro'z        |
| Qashqadaryo viloyati | Shahrisabz shahri | Kesh           |
| Qashqadaryo viloyati | Nishon tumani     | Umr bunyodkori |
| Qashqadaryo viloyati | Nishon tumani     | Shirinobod     |
| Qashqadaryo viloyati | Nishon tumani     | Bo'ston        |
| Qashqadaryo viloyati | Shahrisabz tumani | Sayyod         |
| Qashqadaryo viloyati | Shahrisabz tumani | Abziyat        |
| Qashqadaryo viloyati | Shahrisabz tumani | Oqdaryo        |
| Qashqadaryo viloyati | Qamashi tumani    | Sarbazor       |
| Qashqadaryo viloyati | Qamashi tumani    | Ulug'bek       |
| Qashqadaryo viloyati | Qamashi tumani    | Dovud          |
| Qashqadaryo viloyati | Qamashi tumani    | Zafar          |
| Qashqadaryo viloyati | Kitob tumani      | Saroy          |
| Qashqadaryo viloyati | Kitob tumani      | Navbahor       |
| Qashqadaryo viloyati | Kitob tumani      | Xamid Olimjon  |
| Qashqadaryo viloyati | Kitob tumani      | Makrid         |

|                      |                   |                 |
|----------------------|-------------------|-----------------|
| Qashqadaryo viloyati | G'uzor tumani     | Chaqar          |
| Qashqadaryo viloyati | G'uzor tumani     | Yangiobod       |
| Qashqadaryo viloyati | G'uzor tumani     | Sovlig'or       |
| Qashqadaryo viloyati | Chiroqchi tumani  | Qizilchovra     |
| Qashqadaryo viloyati | Chiroqchi tumani  | Mustaqillik     |
| Qashqadaryo viloyati | Chiroqchi tumani  | Yangiqurilish   |
| Qashqadaryo viloyati | Qarshi tumani     | Hilol           |
| Qashqadaryo viloyati | Qarshi tumani     | Tallikuron      |
| Qashqadaryo viloyati | Qarshi tumani     | Yangi Bog'obod  |
| Qashqadaryo viloyati | Qarshi tumani     | Qoratepa        |
| Qashqadaryo viloyati | Yakkabog' tumani  | Nurafshon       |
| Qashqadaryo viloyati | Yakkabog' tumani  | Eski Yakkabog'  |
| Qashqadaryo viloyati | Yakkabog' tumani  | Do'stlik        |
| Qashqadaryo viloyati | Yakkabog' tumani  | Honaqa          |
| Qashqadaryo viloyati | Koson tumani      | Saripul         |
| Qashqadaryo viloyati | Koson tumani      | Esaboy          |
| Qashqadaryo viloyati | Koson tumani      | Shirinobod      |
| Qashqadaryo viloyati | Koson tumani      | Guliston        |
| Qashqadaryo viloyati | Dehqonobod tumani | Obod            |
| Qashqadaryo viloyati | Dehqonobod tumani | Yangiobod       |
| Qashqadaryo viloyati | Kasbi tumani      | Qoraqo'ng'iro't |
| Qashqadaryo viloyati | Kasbi tumani      | Qamashi         |
| Qashqadaryo viloyati | Kasbi tumani      | Do'stlik        |
| Qashqadaryo viloyati | Mirishkor tumani  | Navro'z         |
| Qashqadaryo viloyati | Mirishkor tumani  | Mirishkor       |
| Qashqadaryo viloyati | Muborak tumani    | O'zbekiston     |
| Qashqadaryo viloyati | Ko'kdala tumani   | Oltinboshqoq    |
| Qashqadaryo viloyati | Ko'kdala tumani   | Xo'jaobod       |

#### Navoiy viloyati

|                 |                  |                 |
|-----------------|------------------|-----------------|
| Navoiy viloyati | Navoiy shahri    | Lochin          |
| Navoiy viloyati | Navoiy shahri    | Xumo            |
| Navoiy viloyati | Navoiy shahri    | Umid            |
| Navoiy viloyati | Navoiy shahri    | Hayot           |
| Navoiy viloyati | Navoiy shahri    | Bunyodkor       |
| Navoiy viloyati | Navoiy shahri    | Yangi hayot     |
| Navoiy viloyati | Navoiy shahri    | Faravon         |
| Navoiy viloyati | Zarafshon shahri | Yulduz          |
| Navoiy viloyati | Zarafshon shahri | Oltin vodi      |
| Navoiy viloyati | Zarafshon shahri | Yangi Zarafshon |
| Navoiy viloyati | Zarafshon shahri | Muruntau        |
| Navoiy viloyati | Konimex tumani   | To'qqiztepa     |
| Navoiy viloyati | Nurota tumani    | Eshon Sudur     |
| Navoiy viloyati | Karmana tumani   | Yangiobod       |
| Navoiy viloyati | Karmana tumani   | Malik           |
| Navoiy viloyati | Xatirchi tumani  | Guliston        |
| Navoiy viloyati | Xatirchi tumani  | Bog'chakalon    |
| Navoiy viloyati | Xatirchi tumani  | Angidon         |
| Navoiy viloyati | Qiziltepa tumani | Uzilishkent     |
| Navoiy viloyati | Qiziltepa tumani | Bo'lakrabot     |

|                   |                       |                  |
|-------------------|-----------------------|------------------|
| Navoiy viloyati   | Navbahor tumani       | Yosh kuch        |
| Navoiy viloyati   | Uchquduq tumani       | Kokpatas         |
| Namangan viloyati |                       |                  |
| Namangan viloyati | Namangan tumani       | O'lmas           |
| Namangan viloyati | Pop tumani            | Iskovut          |
| Namangan viloyati | Pop tumani            | Yangiobod        |
| Namangan viloyati | Mingbuloq tumani      | Tegirmonboshi    |
| Namangan viloyati | Yangiqo'rg'on tumani  | Qayroqi          |
| Namangan viloyati | Yangiqo'rg'on tumani  | Dexqonobod       |
| Namangan viloyati | Chust tumani          | Laylakuya        |
| Namangan viloyati | Chust tumani          | Xisorak          |
| Namangan viloyati | Chust tumani          | Qalaipoyon       |
| Namangan viloyati | Uchqo'rg'on tumani    | Madaniyat        |
| Namangan viloyati | Kosonsoy tumani       | Xonqorgon        |
| Namangan viloyati | Kosonsoy tumani       | Taxtak'o'prik    |
| Namangan viloyati | Norin tumani          | O'zbekiston      |
| Namangan viloyati | To'raqo'rg'on tumani  | Yangixayot       |
| Namangan viloyati | To'raqo'rg'on tumani  | Fayziobod        |
| Namangan viloyati | Uychi tumani          | Beruniy          |
| Namangan viloyati | Uychi tumani          | Qo'rg'oncha      |
| Namangan viloyati | Chortoq tumani        | Sozsoy           |
| Namangan viloyati | Chortoq tumani        | Tinchlik         |
| Namangan viloyati | Davlatobod tumani     | Halqlardo'stligi |
| Namangan viloyati | Yangi Namangan tumani | Sohil            |
| Namangan viloyati | Yangi Namangan tumani | Atanganguzar     |
| Namangan viloyati | Namangan shahri       | Taraqqiyot       |
| Namangan viloyati | Namangan shahri       | Ozod             |
| Namangan viloyati | Namangan shahri       | Zarkent          |
| Namangan viloyati | Namangan shahri       | Ibrat            |
| Namangan viloyati | Namangan shahri       | Quvonch          |
| Namangan viloyati | Namangan shahri       | Sanoat           |
| Namangan viloyati | Namangan shahri       | Sharshara        |
| Namangan viloyati | Namangan shahri       | Gulbog'          |
| Namangan viloyati | Namangan shahri       | Majnuntol        |
| Namangan viloyati | Namangan shahri       | Ziyokor          |
| Namangan viloyati | Namangan shahri       | Lola             |
| Namangan viloyati | Namangan shahri       | G'uncha          |
| Namangan viloyati | Namangan shahri       | Yakkatut         |
| Namangan viloyati | Namangan shahri       | Osuda            |
| Namangan viloyati | Namangan shahri       | Yangiobod        |
| Namangan viloyati | Namangan shahri       | Uchqun           |
| Namangan viloyati | Namangan shahri       | Diyor            |
| Namangan viloyati | Namangan shahri       | Dashtbog'        |
| Namangan viloyati | Namangan shahri       | G'ishtko'prik    |
| Namangan viloyati | Namangan shahri       | Ma'rifat         |
| Namangan viloyati | Namangan shahri       | Chinor           |
| Namangan viloyati | Namangan shahri       | Zarafshon        |
| Namangan viloyati | Namangan shahri       | Yangi yo'l       |
| Namangan viloyati | Namangan shahri       | Shodlik          |

|                    |                      |                    |
|--------------------|----------------------|--------------------|
| Namangan viloyati  | Namangan shahri      | Obod               |
| Namangan viloyati  | Namangan shahri      | Yangi xayot        |
| Namangan viloyati  | Namangan shahri      | Ravnaq             |
| Namangan viloyati  | Namangan shahri      | Sardoba            |
| Namangan viloyati  | Namangan shahri      | Qadamjo            |
| Namangan viloyati  | Namangan shahri      | Sharq tongi        |
| Namangan viloyati  | Namangan shahri      | Madaniy Maorif     |
| Namangan viloyati  | Namangan shahri      | Yakkasada          |
| Namangan viloyati  | Namangan shahri      | Oydinko'l          |
| Namangan viloyati  | Namangan shahri      | Alpomish           |
| Namangan viloyati  | Namangan shahri      | Olvalizor          |
| Namangan viloyati  | Namangan shahri      | Yangi qurilish     |
| Namangan viloyati  | Namangan shahri      | Baynalmilal        |
| Namangan viloyati  | Namangan shahri      | Obi xayot          |
| Namangan viloyati  | Namangan shahri      | Iftixor            |
| Namangan viloyati  | Namangan shahri      | Zardbor            |
| Namangan viloyati  | Namangan shahri      | Haqiqat            |
| Samarqand viloyati |                      |                    |
| Samarqand viloyati | Samarqand shahri     | Istiqbol           |
| Samarqand viloyati | Samarqand shahri     | Sharq              |
| Samarqand viloyati | Samarqand shahri     | Amir Temur         |
| Samarqand viloyati | Samarqand shahri     | Anxor              |
| Samarqand viloyati | Samarqand shahri     | Kaftarxona         |
| Samarqand viloyati | Samarqand shahri     | Bog'ishamol        |
| Samarqand viloyati | Samarqand shahri     | Sarbadorlar        |
| Samarqand viloyati | Samarqand shahri     | Mirzo Ulug'bek     |
| Samarqand viloyati | Samarqand shahri     | Sattepo            |
| Samarqand viloyati | Samarqand shahri     | Giyosiddin Jamshid |
| Samarqand viloyati | Samarqand shahri     | Toshkent           |
| Samarqand viloyati | Samarqand shahri     | O'rikzor           |
| Samarqand viloyati | Samarqand shahri     | Rasadxona          |
| Samarqand viloyati | Samarqand shahri     | Adolat             |
| Samarqand viloyati | Samarqand shahri     | Do'stlik           |
| Samarqand viloyati | Samarqand shahri     | Ibroximxo'ja       |
| Samarqand viloyati | Samarqand shahri     | O'zbekiston        |
| Samarqand viloyati | Samarqand shahri     | Ilg'or             |
| Samarqand viloyati | Samarqand shahri     | Shodiyona          |
| Samarqand viloyati | Samarqand shahri     | Mingtut            |
| Samarqand viloyati | Samarqand shahri     | Guri Amir          |
| Samarqand viloyati | Samarqand shahri     | Baraka             |
| Samarqand viloyati | Samarqand shahri     | Xo'jaahrorvali     |
| Samarqand viloyati | Samarqand shahri     | Ko'kmasjid         |
| Samarqand viloyati | Samarqand shahri     | Chaqar             |
| Samarqand viloyati | Samarqand shahri     | Qo'shchinor        |
| Samarqand viloyati | Samarqand shahri     | Hamidolimjon       |
| Samarqand viloyati | Kattaqo'rg'on shahri | Chinobod           |
| Samarqand viloyati | Kattaqo'rg'on shahri | Damariq            |
| Samarqand viloyati | Kattaqo'rg'on shahri | Amir Temur         |
| Samarqand viloyati | Kattaqo'rg'on shahri | Go'zalkent         |

|                    |                      |                |
|--------------------|----------------------|----------------|
| Samarqand viloyati | Paxtachi tumani      | Bodoy          |
| Samarqand viloyati | Paxtachi tumani      | Ko'rpa         |
| Samarqand viloyati | Paxtachi tumani      | Jahonobod      |
| Samarqand viloyati | Kattaqo'rg'on tumani | Kattakorpa     |
| Samarqand viloyati | Kattaqo'rg'on tumani | Nomozpolvon    |
| Samarqand viloyati | Kattaqo'rg'on tumani | Jonkel         |
| Samarqand viloyati | Kattaqo'rg'on tumani | Oyjon          |
| Samarqand viloyati | Payariq tumani       | Farovon        |
| Samarqand viloyati | Payariq tumani       | Baxrin         |
| Samarqand viloyati | Payariq tumani       | Sarbozor       |
| Samarqand viloyati | Payariq tumani       | Nakurt         |
| Samarqand viloyati | Narpay tumani        | Umid           |
| Samarqand viloyati | Narpay tumani        | Bo'ston        |
| Samarqand viloyati | Narpay tumani        | Obi hayot      |
| Samarqand viloyati | Narpay tumani        | Muqimiy        |
| Samarqand viloyati | Bulung'ur tumani     | O'roqli        |
| Samarqand viloyati | Bulung'ur tumani     | Kattaqishloq   |
| Samarqand viloyati | Bulung'ur tumani     | Mirzaariq      |
| Samarqand viloyati | Pastdarg'om tumani   | Chimboy        |
| Samarqand viloyati | Pastdarg'om tumani   | Yesaboy        |
| Samarqand viloyati | Pastdarg'om tumani   | Paxtakor       |
| Samarqand viloyati | Pastdarg'om tumani   | Bo'ston        |
| Samarqand viloyati | Pastdarg'om tumani   | Sanchiqul      |
| Samarqand viloyati | Pastdarg'om tumani   | Bog'anali      |
| Samarqand viloyati | Jomboy tumani        | Toshkent       |
| Samarqand viloyati | Jomboy tumani        | Kattaqishloq   |
| Samarqand viloyati | Jomboy tumani        | Qo'lbosti      |
| Samarqand viloyati | Urgut tumani         | Uzun           |
| Samarqand viloyati | Urgut tumani         | Yuqoritegana   |
| Samarqand viloyati | Urgut tumani         | Qorabuloq      |
| Samarqand viloyati | Urgut tumani         | Mominobod      |
| Samarqand viloyati | Urgut tumani         | Chorchinor     |
| Samarqand viloyati | Urgut tumani         | Binokor        |
| Samarqand viloyati | Urgut tumani         | Tersak         |
| Samarqand viloyati | Urgut tumani         | Rahmatobod     |
| Samarqand viloyati | Oqdaryo tumani       | Go'zalkent     |
| Samarqand viloyati | Oqdaryo tumani       | Polatdarxon    |
| Samarqand viloyati | Oqdaryo tumani       | Amir Temur     |
| Samarqand viloyati | Samarqand tumani     | Shalg'amon     |
| Samarqand viloyati | Samarqand tumani     | Pulimug'ob     |
| Samarqand viloyati | Samarqand tumani     | Andijoni       |
| Samarqand viloyati | Samarqand tumani     | Talibarzuibolo |
| Samarqand viloyati | Ishtixon tumani      | Toytuyoq       |
| Samarqand viloyati | Ishtixon tumani      | Odil           |
| Samarqand viloyati | Ishtixon tumani      | Chaqar         |
| Samarqand viloyati | Ishtixon tumani      | Sheyklar       |
| Samarqand viloyati | Nurobod tumani       | Navro'z        |
| Samarqand viloyati | Nurobod tumani       | Nurbuloq       |
| Samarqand viloyati | Nurobod tumani       | Saroy          |

|                      |                    |                  |
|----------------------|--------------------|------------------|
| Samarqand viloyati   | Qo'shrabod tumani  | Jo'shota         |
| Samarqand viloyati   | Qo'shrabod tumani  | Sorigul          |
| Samarqand viloyati   | Tayloq tumani      | Nurafshon        |
| Samarqand viloyati   | Tayloq tumani      | Bunyodkor        |
| Samarqand viloyati   | Tayloq tumani      | Muborak          |
| Surxondaryo viloyati |                    |                  |
| Surxondaryo viloyati | Termiz shahri      | O'zbekiston      |
| Surxondaryo viloyati | Termiz shahri      | Majnuntol        |
| Surxondaryo viloyati | Termiz shahri      | Baynalminal      |
| Surxondaryo viloyati | Termiz shahri      | Eski shahar      |
| Surxondaryo viloyati | Termiz shahri      | Mexrobod         |
| Surxondaryo viloyati | Termiz shahri      | Manguzar         |
| Surxondaryo viloyati | Termiz shahri      | Do'stlik         |
| Surxondaryo viloyati | Termiz shahri      | Shodlik          |
| Surxondaryo viloyati | Termiz shahri      | Guliston         |
| Surxondaryo viloyati | Termiz shahri      | Temir yo'lchi    |
| Surxondaryo viloyati | Termiz shahri      | Farxod           |
| Surxondaryo viloyati | Termiz shahri      | Jo'yjanga        |
| Surxondaryo viloyati | Termiz shahri      | Alpomish         |
| Surxondaryo viloyati | Termiz shahri      | Tuproqqo'rg'on   |
| Surxondaryo viloyati | Termiz shahri      | Bog'ishamol      |
| Surxondaryo viloyati | Termiz shahri      | Pattakesar       |
| Surxondaryo viloyati | Termiz shahri      | Turon            |
| Surxondaryo viloyati | Termiz shahri      | Bo'ston          |
| Surxondaryo viloyati | Termiz shahri      | Abduraxmon-Jomiy |
| Surxondaryo viloyati | Termiz shahri      | Ma'rifat         |
| Surxondaryo viloyati | Termiz shahri      | Kattabog'        |
| Surxondaryo viloyati | Angor tumani       | Markaz           |
| Surxondaryo viloyati | Angor tumani       | Yangixayot       |
| Surxondaryo viloyati | Sherobod tumani    | Chuqurko'l       |
| Surxondaryo viloyati | Sherobod tumani    | Chag'atoy        |
| Surxondaryo viloyati | Sherobod tumani    | Dehqonariq       |
| Surxondaryo viloyati | Boysun tumani      | Bog'ibolo        |
| Surxondaryo viloyati | Boysun tumani      | Hunarmandlar     |
| Surxondaryo viloyati | Muzrabot tumani    | Darband          |
| Surxondaryo viloyati | Muzrabot tumani    | Oriyat           |
| Surxondaryo viloyati | Qiziriq tumani     | Zartepa          |
| Surxondaryo viloyati | Qiziriq tumani     | Kunchiqish       |
| Surxondaryo viloyati | Termiz tumani      | Soliobod         |
| Surxondaryo viloyati | Denov tumani       | Vodiy            |
| Surxondaryo viloyati | Denov tumani       | Nurli manzil     |
| Surxondaryo viloyati | Denov tumani       | Oxtom            |
| Surxondaryo viloyati | Denov tumani       | Yangiariq        |
| Surxondaryo viloyati | Denov tumani       | Sohibkor         |
| Surxondaryo viloyati | Denov tumani       | Qovunlisoy       |
| Surxondaryo viloyati | Jarqo'rg'on tumani | Soqchi           |
| Surxondaryo viloyati | Jarqo'rg'on tumani | Mingchinor       |
| Surxondaryo viloyati | Jarqo'rg'on tumani | Obihayot         |
| Surxondaryo viloyati | Uzun tumani        | Obod yurt        |

|                      |                    |                           |
|----------------------|--------------------|---------------------------|
| Surxondaryo viloyati | Uzun tumani        | Dehqon                    |
| Surxondaryo viloyati | Uzun tumani        | Mustaqillikning 22 yiligi |
| Surxondaryo viloyati | Sho'rchi tumani    | Tamshush                  |
| Surxondaryo viloyati | Sho'rchi tumani    | Joyilma                   |
| Surxondaryo viloyati | Sho'rchi tumani    | Sovjuronbobo              |
| Surxondaryo viloyati | Qumqo'rg'on tumani | Yangiqishloq              |
| Surxondaryo viloyati | Qumqo'rg'on tumani | Sherozi                   |
| Surxondaryo viloyati | Qumqo'rg'on tumani | Jarqishloq                |
| Surxondaryo viloyati | Oltinsoy tumani    | Qiziltepa                 |
| Surxondaryo viloyati | Oltinsoy tumani    | Barkamol avlod            |
| Surxondaryo viloyati | Oltinsoy tumani    | Marmin                    |
| Surxondaryo viloyati | Sariosiyo tumani   | Lutfikor                  |
| Surxondaryo viloyati | Sariosiyo tumani   | Billur                    |
| Surxondaryo viloyati | Sariosiyo tumani   | Xonjiza                   |
| Surxondaryo viloyati | Bandixon tumani    | Gulbog'                   |

#### Andijon viloyati

|                  |                     |                           |
|------------------|---------------------|---------------------------|
| Andijon viloyati | Izboskan tumani     | Yuqorihosil               |
| Andijon viloyati | Izboskan tumani     | Botirobod                 |
| Andijon viloyati | Izboskan tumani     | Toshkechik                |
| Andijon viloyati | Baliqchi tumani     | Qiyali                    |
| Andijon viloyati | Baliqchi tumani     | Tumor                     |
| Andijon viloyati | Baliqchi tumani     | Mallachek                 |
| Andijon viloyati | Shahrixon tumani    | Bobochek                  |
| Andijon viloyati | Shahrixon tumani    | Qushqo'noq                |
| Andijon viloyati | Shahrixon tumani    | Bahor                     |
| Andijon viloyati | Shahrixon tumani    | Qoraboyin                 |
| Andijon viloyati | Oltinko'l tumani    | Mehnat                    |
| Andijon viloyati | Oltinko'l tumani    | Namuna                    |
| Andijon viloyati | Oltinko'l tumani    | Uyg'ur                    |
| Andijon viloyati | Asaka tumani        | Ibn Sino                  |
| Andijon viloyati | Asaka tumani        | Qipchoq                   |
| Andijon viloyati | Asaka tumani        | Navkan                    |
| Andijon viloyati | Asaka tumani        | Niyozbotir                |
| Andijon viloyati | Andijon tumani      | O'rikzor                  |
| Andijon viloyati | Andijon tumani      | Nurafshon                 |
| Andijon viloyati | Andijon tumani      | Kattaguzar                |
| Andijon viloyati | Marhamat tumani     | Barhayot                  |
| Andijon viloyati | Marhamat tumani     | Tosh yo'li                |
| Andijon viloyati | Marhamat tumani     | Rovot                     |
| Andijon viloyati | Paxtaobod tumani    | Hayotbaxsh                |
| Andijon viloyati | Paxtaobod tumani    | Z.Xabibiy                 |
| Andijon viloyati | Qo'rg'ontepa tumani | Birlashgan                |
| Andijon viloyati | Qo'rg'ontepa tumani | Qizilto'qay               |
| Andijon viloyati | Qo'rg'ontepa tumani | Zaxiriddin Muxammad Bobur |
| Andijon viloyati | Xo'jaobod tumani    | Guliston                  |
| Andijon viloyati | Jalolquduq tumani   | Toshloq                   |
| Andijon viloyati | Jalolquduq tumani   | Beshtol                   |
| Andijon viloyati | Ulug'nor tumani     | Ulug'bek                  |
| Andijon viloyati | Buloqboshi tumani   | Boymahalla                |

|                   |                   |                        |
|-------------------|-------------------|------------------------|
| Andijon viloyati  | Buloqboshi tumani | Sharqyulduzi           |
| Andijon viloyati  | Xonobod shahri    | Navoiy                 |
| Andijon viloyati  | Xonobod shahri    | Xidirsha               |
| Andijon viloyati  | Xonobod shahri    | Mehmonobod             |
| Andijon viloyati  | Xonobod shahri    | Anxor                  |
| Andijon viloyati  | Andijon shahri    | Qo'shariq              |
| Andijon viloyati  | Andijon shahri    | Sadoqat                |
| Andijon viloyati  | Andijon shahri    | G'ayrat                |
| Andijon viloyati  | Andijon shahri    | Sho'rbuloq             |
| Andijon viloyati  | Andijon shahri    | Iqbol                  |
| Andijon viloyati  | Andijon shahri    | Xamdo'stlik            |
| Andijon viloyati  | Andijon shahri    | Sanoat                 |
| Andijon viloyati  | Andijon shahri    | Maorif                 |
| Andijon viloyati  | Andijon shahri    | O'zbekiston 20-yilligi |
| Andijon viloyati  | Andijon shahri    | Ho'tanariq             |
| Andijon viloyati  | Andijon shahri    | Sarvontepa             |
| Andijon viloyati  | Andijon shahri    | Shodlik                |
| Andijon viloyati  | Andijon shahri    | Buyukturon             |
| Andijon viloyati  | Andijon shahri    | Yashnaobod             |
| Andijon viloyati  | Andijon shahri    | Obod                   |
| Andijon viloyati  | Andijon shahri    | Cho'lpon 100-yilligi   |
| Andijon viloyati  | Andijon shahri    | Bobur                  |
| Andijon viloyati  | Andijon shahri    | Binokor                |
| Andijon viloyati  | Andijon shahri    | Qayrag'ochtagi         |
| Andijon viloyati  | Andijon shahri    | Islomobod              |
| Andijon viloyati  | Andijon shahri    | Kengash                |
| Andijon viloyati  | Andijon shahri    | Yaxshi                 |
| Andijon viloyati  | Andijon shahri    | Safoiy                 |
| Andijon viloyati  | Andijon shahri    | Navro'z                |
| Andijon viloyati  | Andijon shahri    | Maydonbozor            |
| Andijon viloyati  | Andijon shahri    | Yuksalish              |
| Andijon viloyati  | Andijon shahri    | Mash'al                |
| Andijon viloyati  | Andijon shahri    | Nodirabegim            |
| Andijon viloyati  | Andijon shahri    | Yangibo'ston           |
| Andijon viloyati  | Andijon shahri    | Ahmad Yassaviy         |
| Andijon viloyati  | Andijon shahri    | Andijon                |
| Andijon viloyati  | Andijon shahri    | Dalvarzin              |
| Andijon viloyati  | Andijon shahri    | Hunarmand              |
| Sirdaryo viloyati |                   |                        |
| Sirdaryo viloyati | Guliston shahri   | Sayqal                 |
| Sirdaryo viloyati | Guliston shahri   | Ulug' yo'l             |
| Sirdaryo viloyati | Guliston shahri   | Namuna                 |
| Sirdaryo viloyati | Guliston shahri   | Bo'ston                |
| Sirdaryo viloyati | Guliston shahri   | Navbahor               |
| Sirdaryo viloyati | Yangier shahri    | Shodiyona              |
| Sirdaryo viloyati | Yangier shahri    | Marifat                |
| Sirdaryo viloyati | Yangier shahri    | Temur Malik            |
| Sirdaryo viloyati | Sayxunobod tumani | Sintob                 |
| Sirdaryo viloyati | Sardoba tumani    | Fayzliobod             |



|                   |                   |                  |
|-------------------|-------------------|------------------|
| Sirdaryo viloyati | Oqoltin tumani    | Sahovat          |
| Sirdaryo viloyati | Guliston tumani   | Birlashgan       |
| Sirdaryo viloyati | Boyovut tumani    | Uchturgon        |
| Sirdaryo viloyati | Boyovut tumani    | Iftihor          |
| Sirdaryo viloyati | Mirzaobod tumani  | Navbahor         |
| Sirdaryo viloyati | Mirzaobod tumani  | Turg'un Axmedov  |
| Sirdaryo viloyati | Sirdaryo tumani   | Elobod           |
| Sirdaryo viloyati | Sirdaryo tumani   | Dehqonobod       |
| Sirdaryo viloyati | Xovos tumani      | Qoraqum          |
| Xorazm viloyati   |                   |                  |
| Xorazm viloyati   | Urganch shaxri    | Ziyokorlar       |
| Xorazm viloyati   | Urganch shaxri    | Temiryo'ichi     |
| Xorazm viloyati   | Urganch shaxri    | Yuqoribog'       |
| Xorazm viloyati   | Urganch shaxri    | Kamolot          |
| Xorazm viloyati   | Urganch shaxri    | Shodlik          |
| Xorazm viloyati   | Urganch shaxri    | Mash'al          |
| Xorazm viloyati   | Urganch shaxri    | Navro'z          |
| Xorazm viloyati   | Urganch shaxri    | Yangihayot       |
| Xorazm viloyati   | Xiva shaxri       | Yangi turmush    |
| Xorazm viloyati   | Xiva shaxri       | Qiyot            |
| Xorazm viloyati   | Xiva shaxri       | Guliston         |
| Xorazm viloyati   | Xiva shaxri       | Yangi xayot      |
| Xorazm viloyati   | Xiva shaxri       | Kaptarxona       |
| Xorazm viloyati   | Bogot tumani      | Sohibkor         |
| Xorazm viloyati   | Bogot tumani      | Namuna           |
| Xorazm viloyati   | Gurlan tumani     | Obod             |
| Xorazm viloyati   | Gurlan tumani     | Ma'rifat         |
| Xorazm viloyati   | Gurlan tumani     | Olg'a            |
| Xorazm viloyati   | Kushkupir tumani  | Do'stlik         |
| Xorazm viloyati   | Kushkupir tumani  | Dovud            |
| Xorazm viloyati   | Urganch tumani    | Yangiobod        |
| Xorazm viloyati   | Urganch tumani    | Beshayvon        |
| Xorazm viloyati   | Urganch tumani    | Yuqoriovul       |
| Xorazm viloyati   | Urganch tumani    | Rovot            |
| Xorazm viloyati   | Xonka tumani      | Obod             |
| Xorazm viloyati   | Xonka tumani      | Katta Kuch       |
| Xorazm viloyati   | Xonka tumani      | Yangi Turmush    |
| Xorazm viloyati   | Xazarasp tumani   | Taraqqiyot       |
| Xorazm viloyati   | Xazarasp tumani   | Yangi-obod       |
| Xorazm viloyati   | Xazarasp tumani   | Amudaryo         |
| Xorazm viloyati   | Xiva tumani       | Sho'r ko'l       |
| Xorazm viloyati   | Xiva tumani       | Chanashik        |
| Xorazm viloyati   | Xiva tumani       | Qushchi katabog' |
| Xorazm viloyati   | Shovot tumani     | Katqal'a         |
| Xorazm viloyati   | Shovot tumani     | Komiljon Ota     |
| Xorazm viloyati   | Yangiariq tumani  | Shixbog'i        |
| Xorazm viloyati   | Yangiariq tumani  | Ulug'bek         |
| Xorazm viloyati   | Yangibozor tumani | Ming Bog'olon    |
| Xorazm viloyati   | Yangibozor tumani | Xayvat           |

| Xorazm viloyati | Tuproqqal'a tumani     | Shayxlar         |
|-----------------|------------------------|------------------|
|                 | <b>Toshkent shahri</b> |                  |
| Toshkent shahri | Bektemir tumani        | Oltintopgan      |
| Toshkent shahri | Bektemir tumani        | Yikota           |
| Toshkent shahri | Mirzo Ulug'bek tumani  | Uygonish         |
| Toshkent shahri | Mirzo Ulug'bek tumani  | Yangi Avayxon    |
| Toshkent shahri | Mirzo Ulug'bek tumani  | Oydin            |
| Toshkent shahri | Mirzo Ulug'bek tumani  | Shalola          |
| Toshkent shahri | Mirzo Ulug'bek tumani  | Avayxon          |
| Toshkent shahri | Mirzo Ulug'bek tumani  | Humoyun          |
| Toshkent shahri | Mirobod tumani         | Mirobod          |
| Toshkent shahri | Mirobod tumani         | Afrosiyob        |
| Toshkent shahri | Mirobod tumani         | Oquy             |
| Toshkent shahri | Sergeli tumani         | Qoshqorgon       |
| Toshkent shahri | Sergeli tumani         | Qumariq          |
| Toshkent shahri | Sergeli tumani         | Yezgulik         |
| Toshkent shahri | Sergeli tumani         | Nurhayot         |
| Toshkent shahri | Sergeli tumani         | Nogoyqorgon      |
| Toshkent shahri | Olmazor tumani         | Tepaguzar        |
| Toshkent shahri | Olmazor tumani         | Xastimom         |
| Toshkent shahri | Olmazor tumani         | Oltinsoy         |
| Toshkent shahri | Olmazor tumani         | Chinniobod       |
| Toshkent shahri | Olmazor tumani         | Orzu             |
| Toshkent shahri | Olmazor tumani         | Ibrohimota       |
| Toshkent shahri | Olmazor tumani         | Hofizkoxakiy     |
| Toshkent shahri | Yashnobod tumani       | Aviasozlar       |
| Toshkent shahri | Yashnobod tumani       | Parvoz           |
| Toshkent shahri | Yashnobod tumani       | Dostobod         |
| Toshkent shahri | Yashnobod tumani       | Alimkent         |
| Toshkent shahri | Yashnobod tumani       | Qalqon           |
| Toshkent shahri | Yashnobod tumani       | Yangidavr        |
| Toshkent shahri | Yashnobod tumani       | Tashisti         |
| Toshkent shahri | Chilonzor tumani       | 1charxkamolon    |
| Toshkent shahri | Chilonzor tumani       | Novza            |
| Toshkent shahri | Chilonzor tumani       | Gavxar           |
| Toshkent shahri | Chilonzor tumani       | Kattaxirmontepa  |
| Toshkent shahri | Chilonzor tumani       | Naqqoshlik       |
| Toshkent shahri | Shayxontohur tumani    | Yangikamolon     |
| Toshkent shahri | Shayxontohur tumani    | Koxota           |
| Toshkent shahri | Shayxontohur tumani    | Bogkocha         |
| Toshkent shahri | Shayxontohur tumani    | Kattajarariq     |
| Toshkent shahri | Shayxontohur tumani    | Zangiota         |
| Toshkent shahri | Shayxontohur tumani    | Yangibeltepa     |
| Toshkent shahri | Shayxontohur tumani    | Samarqanddarbaza |
| Toshkent shahri | Yunusobod tumani       | Sevinch          |
| Toshkent shahri | Yunusobod tumani       | Barhayot         |
| Toshkent shahri | Yunusobod tumani       | Xalqabog         |
| Toshkent shahri | Yunusobod tumani       | Otchopar1        |
| Toshkent shahri | Yunusobod tumani       | Xasanboy         |

|                 |                   |               |
|-----------------|-------------------|---------------|
| Toshkent shahri | Yunusobod tumani  | Begubor       |
| Toshkent shahri | Yunusobod tumani  | Obod          |
| Toshkent shahri | Yunusobod tumani  | Sharqhaqiqati |
| Toshkent shahri | Uchtepa tumani    | Nishabariq    |
| Toshkent shahri | Uchtepa tumani    | Qorgontepa    |
| Toshkent shahri | Uchtepa tumani    | Bogichinor    |
| Toshkent shahri | Uchtepa tumani    | Vatan         |
| Toshkent shahri | Uchtepa tumani    | Degrez        |
| Toshkent shahri | Uchtepa tumani    | Pahtakor      |
| Toshkent shahri | Yakkasaroy tumani | Rakat         |
| Toshkent shahri | Yakkasaroy tumani | Yunusrajabi   |
| Toshkent shahri | Yangihayot tumani | Yangidarxon   |
| Toshkent shahri | Yangihayot tumani | Xumo          |
| Toshkent shahri | Yangihayot tumani | Xojauchqun    |
| Toshkent shahri | Yangihayot tumani | Yangiturmush  |

#### Buxoro viloyati

|                 |                  |                    |
|-----------------|------------------|--------------------|
| Buxoro viloyati | Kogon shahri     | Beruniy            |
| Buxoro viloyati | Peshku tumani    | Malishoyak         |
| Buxoro viloyati | Peshku tumani    | Kuyovxo'ja         |
| Buxoro viloyati | Shofirkon tumani | Bobur              |
| Buxoro viloyati | Shofirkon tumani | Denov              |
| Buxoro viloyati | Shofirkon tumani | Qayragoch          |
| Buxoro viloyati | Kogon tumani     | O'ba cho'li        |
| Buxoro viloyati | Buxoro tumani    | Rabotipoyon        |
| Buxoro viloyati | Buxoro tumani    | Do'stlik           |
| Buxoro viloyati | Buxoro tumani    | Bog'dasht          |
| Buxoro viloyati | Romitan tumani   | O'ba               |
| Buxoro viloyati | Romitan tumani   | Samosiy            |
| Buxoro viloyati | Qorako'l tumani  | Tinchlik           |
| Buxoro viloyati | Qorako'l tumani  | Chovli             |
| Buxoro viloyati | Qorako'l tumani  | Polvonlar          |
| Buxoro viloyati | G'ijduvon tumani | O'zanon            |
| Buxoro viloyati | G'ijduvon tumani | Yangiobod          |
| Buxoro viloyati | G'ijduvon tumani | Mirakon            |
| Buxoro viloyati | G'ijduvon tumani | Sarvari            |
| Buxoro viloyati | G'ijduvon tumani | Armechan           |
| Buxoro viloyati | Jondor tumani    | Darveshi           |
| Buxoro viloyati | Jondor tumani    | Luqmon             |
| Buxoro viloyati | Vobkent tumani   | Kosari             |
| Buxoro viloyati | Vobkent tumani   | Teraklik           |
| Buxoro viloyati | Vobkent tumani   | Xojarabot          |
| Buxoro viloyati | Olot tumani      | O'zbekiston        |
| Buxoro viloyati | Kogon shahri     | Maxtumquli         |
| Buxoro viloyati | Kogon shahri     | Furqat             |
| Buxoro viloyati | Buxoro shahri    | Otbozor            |
| Buxoro viloyati | Buxoro shahri    | Sitorai moxi xossa |
| Buxoro viloyati | Buxoro shahri    | Ulugbek            |
| Buxoro viloyati | Buxoro shahri    | Chorbaxossa        |
| Buxoro viloyati | Buxoro shahri    | Sadi sheroziy      |

|                               |                    |                     |
|-------------------------------|--------------------|---------------------|
| Buxoro viloyati               | Buxoro shahri      | Jo'bor              |
| Buxoro viloyati               | Buxoro shahri      | Abduloyi sifatmuniy |
| Buxoro viloyati               | Buxoro shahri      | Navro'z             |
| Buxoro viloyati               | Buxoro shahri      | Oybek               |
| Buxoro viloyati               | Buxoro shahri      | Guliston            |
| Buxoro viloyati               | Buxoro shahri      | Hamid Olimjon       |
| Buxoro viloyati               | Buxoro shahri      | Yoshlik             |
| Buxoro viloyati               | Buxoro shahri      | Abu ali ibn sino    |
| Jizzax viloyati               |                    |                     |
| Jizzax viloyati               | Jizzax shahri      | Bobur               |
| Jizzax viloyati               | Jizzax shahri      | Amirtemur           |
| Jizzax viloyati               | Jizzax shahri      | Zargarlik           |
| Jizzax viloyati               | Jizzax shahri      | Ittifoq             |
| Jizzax viloyati               | Jizzax shahri      | Oqqorgonlik         |
| Jizzax viloyati               | Jizzax shahri      | Olmazor             |
| Jizzax viloyati               | Jizzax shahri      | Yoshlik             |
| Jizzax viloyati               | Jizzax shahri      | Zilol               |
| Jizzax viloyati               | Jizzax shahri      | Alishernavoiiy      |
| Jizzax viloyati               | Jizzax shahri      | Obod                |
| Jizzax viloyati               | Jizzax shahri      | Ulugbek             |
| Jizzax viloyati               | Jizzax shahri      | Qaliya              |
| Jizzax viloyati               | Jizzax shahri      | Bunyodkor           |
| Jizzax viloyati               | Jizzax shahri      | Turon               |
| Jizzax viloyati               | Sh.Rashidov tumani | Toqchilik           |
| Jizzax viloyati               | Sh.Rashidov tumani | Yoshlik             |
| Jizzax viloyati               | Sh.Rashidov tumani | Xalqobod            |
| Jizzax viloyati               | Do'stlik tumani    | Bogzor              |
| Jizzax viloyati               | Paxtakor tumani    | Buyuk ipak yo'li    |
| Jizzax viloyati               | Arnasoy tumani     | Zarafshon           |
| Jizzax viloyati               | Zomin tumani       | Peshogor            |
| Jizzax viloyati               | Zomin tumani       | Yuksalish           |
| Jizzax viloyati               | Baxmal tumani      | O'smat              |
| Jizzax viloyati               | Baxmal tumani      | Novqa               |
| Jizzax viloyati               | G'allaorol tumani  | Uzunbuloq           |
| Jizzax viloyati               | G'allaorol tumani  | Naxroch             |
| Jizzax viloyati               | G'allaorol tumani  | Madaniyat           |
| Jizzax viloyati               | Forish tumani      | Oybek               |
| Jizzax viloyati               | Zarbdor tumani     | Yangiobod           |
| Jizzax viloyati               | Yangiobod tumani   | Dostlik             |
| Qoraqalpog'iston Respublikasi |                    |                     |
| Qoraqalpog'iston Respublikasi | Amudaryo tumani    | Do'stlik            |
| Qoraqalpog'iston Respublikasi | Amudaryo tumani    | Choyko'l            |
| Qoraqalpog'iston Respublikasi | Amudaryo tumani    | Xitoy               |
| Qoraqalpog'iston Respublikasi | Beruniy tumani     | Amir Temur          |
| Qoraqalpog'iston Respublikasi | Beruniy tumani     | Oltinsoy            |
| Qoraqalpog'iston Respublikasi | Qorao'zak tumani   | Qarae'zek OFY       |
| Qoraqalpog'iston Respublikasi | Kegayli tumani     | Juzimbag'           |
| Qoraqalpog'iston Respublikasi | Qonliko'l tumani   | Nao'g'yz            |
| Qoraqalpog'iston Respublikasi | Qo'ng'iro't tumani | Azatlyiq            |

|                               |                   |                |
|-------------------------------|-------------------|----------------|
| Qoraqalpog'iston Respublikasi | Mo'ynoq tumani    | Kazaxdərbya    |
| Qoraqalpog'iston Respublikasi | Taxtakopir tumani | Аудынjol       |
| Qoraqalpog'iston Respublikasi | To'rtko'l tumani  | Yangiobod      |
| Qoraqalpog'iston Respublikasi | To'rtko'l tumani  | Bog'yop        |
| Qoraqalpog'iston Respublikasi | To'rtko'l tumani  | Anhorli        |
| Qoraqalpog'iston Respublikasi | Xo'jayli tumani   | Obod           |
| Qoraqalpog'iston Respublikasi | Xo'jayli tumani   | Samankel       |
| Qoraqalpog'iston Respublikasi | Chimboy tumani    | Qызылөzek      |
| Qoraqalpog'iston Respublikasi | Ellikqal'a tumani | Ibn Sino       |
| Qoraqalpog'iston Respublikasi | Ellikqal'a tumani | Tozabog'       |
| Qoraqalpog'iston Respublikasi | Ellikqal'a tumani | Guliston       |
| Qoraqalpog'iston Respublikasi | Taxiatosh tumani  | Saraykel       |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Bereket        |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | G'arezsizlik   |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Jayxun         |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Qosbulaq       |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Tungish qоныs  |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Taslaq         |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Тыныshлық      |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Qizilqum       |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Botanika bag'ы |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Teleoray       |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Gyzar          |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Qutly məkan    |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Boz ao'ыл      |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Qumbyz ao'ыл   |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Ata mákan      |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Nao'рыз        |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Nurly bostan   |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Amanlyq guzary |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Shymbay gyzary |
| Qoraqalpog'iston Respublikasi | Nukus shahri      | Juo'azshы      |